

# Natural

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Stephanie Dawn Tippie (USA) & Muddy Boots Line Dancing (USA) - September 2022  
音乐: Natural - BRELAND



Dance starts 32 counts from the start of the song  
no tags or restarts.

\*\*\*when the song stops just keep dancing there is almost a min left in the song\*\*\*

## Section 1: R heel hook, R forward shuffle, L heel hook, L forward shuffle

1, 2      Tap R heel forward, Bring R heel to L shin  
3&4      Step R forward, Step L next to R, Step R forward  
5,6      Tap L heel forward, Bring L heel to R shin  
7&8      Step L forward, Step R next to L, Step L forward

## Section 2: R step, ½ pivot, R&L forward shuffle, R rock recover with Hip sway

1,2      Step R forward, ½ pivot L putting weight on L (6:00)  
3&4      Step R forward, Step L next to R, Step R forward  
5&6      Step L forward, Step R next to L, Step L forward  
7,8      Step R forward as you push R hip over R, Recover on L as you push hip back

## Section 3: ¼ Turn step, hip sway/shakes, R Lindy step

1,2      ¼ turn R stepping R to R side and sway hips R, Sway hips L(9:00)  
3,4      sway hips R, Sway hips L  
5&6      Step R to R side, Step L next to R, Step R to R side  
7,8      Step L back slightly behind R, Recover on R

## Section 4: Lindy ¼ turn, ¼ Jazz box

1&2      Step L to L side, Step R next to L, Step L to L side  
3,4      ¼ turn R stepping R back, Recover weight on L (12:00)  
5,6      Cross R over L, Step L back  
7,8      ¼ turn R stepping R to R side, Step L forward (3:00)

Then start again!! Enjoy ☐

\*\*\*\*keep dancing thru the song break it picks right back up!!\*\*\*\*