

One More Try

拍数: 32 墙数: 2 级数: Intermediate
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音乐: One More Try - Jessie J : (iTunes)



Starts Immediately on First Piano Note (to make easier have weight on Left as if you have already done count 1)

Walk, Run Run Run, Cross, Back, Back, Cross, Back, 1/2, 1/2, 3/4 Run Run Run.

- 1- 2&3 Step forward Left, run forward R-L-R sweeping left from back to front.
- 4&5& Cross step Left over right, step back on Right (slightly diagonal) step back on Left (slightly diagonal) cross step Right over Left.
- 6&7 Step back on Left, make 1/2 turn to Right stepping forward on Right, make 1/2 turn to Right stepping back on Left (12.00)
- 8&1 Make 3/4 circular arc as you run R-L-R sweeping Left from back to front (9.00)

Cross Side Back Rock, Recover, 1/4/, 1/4, Recover, Side, Cross, 1/4, 1/2, Ball, Press.

- 2&3& Cross step Left over Right, step Right to Right side, rock Left behind Right, recover forward on Right.
- 4&5 Make 1/4 turn to Right stepping back on Left, make 1/4 turn to Right stepping Right to Right side, cross rock Left over Right.(3.00)
- 6&7& Recover back on Right, step Left to Left side, cross step Right over Left, make 1/4 turn to Right stepping back on Left. (6.00)
- 8&1 Make 1/2 turn to Right stepping forward on Right, step forward on ball of Left, Press forward on Right. **R**

Back, Back, Back, Behind, Side, Cross, Side, Rock, Recover, Cross, 1/4, 1/2 Sweep.

- 2&3 Run back L-R-L sweeping Right from front to back.
- 4&5& Cross step Right behind Left, step Left to Left side, cross step Right over Left, rock Left to Left side.
- 6&7 recover side Right, cross step Left across Right, make 1/4 turn to Left stepping back on Right. (9.00)
- 8 Make 1/2 turn to Left stepping forward on Left sweeping Right from back to front. (3.00)

Cross, Side, Behind, Behind, 1/4, Mambo Drag, Back Rock Step, 1/2, 1/2.

- 1&2 Cross step Right across Left, step Left to Left side, cross step Right behind Left sweeping Left out to Left side.
- 3&4& Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, rock forward on Left, recover back on Right (6.00)
- 5-6&7 Step back on Left dragging Right towards Left. Rock back on Right, recover forward on Left, Step forward and prep on Right.
- 8& (1) Make 1/2 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward Right. (1 to Begin Again)

RESTART

During Wall 2, Dance Up To & Including Count 7 Section 2....

Then Change Count to 8&(1)... Make 1/4 turn to Right stepping back on Left, Make 1/2 turn Right stepping forward on Right. Then Begin Dance Again (1) Stepping forward on Left.

TAG (End of Wall 3)

Walk Walk

- 1-2 Walk forward L-R

ENDING: Make 1/2 turn right sweeping Left from back to front to 12.00 O'Clock.

