

# Single Life

拍数: 32      墙数: 4      级数: Improver  
编舞者: Vikki Morris (UK) - September 2022  
音乐: Single Life - Brad Cox : (Amazon)



**Start: 32 counts on the word "He"**

**S1: R Side, L Tog, R Shuffle, L Rock, Recover R, L Sailor ¼ L**

1 2            Step Right to Right side, Step Left next to Right  
3&4          Step forward Right, Step Left next to Right, Step forward Right  
5 6            Rock forward Left, Recover on Right  
7&8          Turn ¼ turn Left as you cross Left behind Right, Step Right to Right side, Step Left to Left side (9.00)

**S2: R Cross, L Side, R Cross Behind, Point L, L Cross, R Side, L Behind, R Side, L Cross**

1 2            Cross Right over Left, Step Left to Left side  
3 4            Cross Right behind Left, Point Left to Left side  
5 6            Cross Left over Right, Step Right to Right side  
7&8          Cross Left behind Right, Step Right to Right side, Cross Left over Right

**S3: R Side Rock, Recover L, Step R, L Side Rock ¼ L, Rock Back L, Recover R, L Shuffle**

1 2&          Rock Right to Right side, Recover on Left, Step Right next to Left  
3 4            Rock Left to Left side, Recover on Right as you turn ¼ turn Left (6.00)  
5 6            Rock back Left, Recover on Right  
7&8          Step forward Left, Step Right next to Left, Step forward Left

**\*\*RESTART HERE ON WALL 5 FACING 6.00\*\***

**S4: Pivot ¼ L, R Cross Shuffle, ½ Hinge Turn R, L Cross Shuffle**

1 2            Step forward Right, Pivot ¼ turn Left (3.00)  
3&4          Cross Right over Left, Step Left to Left side, Cross Right over Left  
5 6            Turn ¼ turn Right stepping back on Left, Turn ¼ turn Right stepping Right to Right side (9.00)  
7&8          Cross Left over Right, Step Right to Right side, Cross Left over Right

**Restart: Wall 5 after 24 counts (end of S3) – facing 6.00**

**TAG: End of wall 9 facing 6.00 (start 9.00)**

**R Side Rock, Recover L, R Back Rock, Recover L**

1 2            Rock Right to Right side, Recover on Left  
3 4            Rock Back Right, Recover on left

**Last Update – 3 Nov. 2022**