

Back to My Arms (P)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Improver / Intermediate - Partner
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音乐: She Never Lets It Go to Her Heart - Tim McGraw



Start Position Shake Hand – R Hand in R Hand
Man faces L.O.D and lady faces R.L.O.D
Man and Lady's steps are mirror type except if indicated

Intro 32 counts

[1 – 8] M: Rock Fwd, (Back, Touch) X 2, Back Rock

[1 – 8] L: Back Rock, (Step, Touch) X 2, Rock Fwd

1 – 2 M: LF Rock Fwd, Recover on RF
 L: RF Rock Back, Recover on LF
3 – 4 M: Step L Behind, Point R Next To LF
 L: Step R Fwd, Point L Next To RF
5 – 6 M: Step R Behind, Point L Next To RF
 L: Step L Fwd, Point R next To LF
7 – 8 M: LF Rock Back, Recover on RF
 L: RF Rock Fwd, Recover on LF

[9 – 16] Side Step ¼ Turn, Touch, Side Step, Touch, Side Step, Slide, Side Step, Touch

1 – 2 M: ¼ Turn to Right and Step L to Left, Point R Next To LF
 L: ¼ Turn to Right and Step R to Right, Point L Next To RF

Close Position. Man faces O.L.O.D and Lady faces I.L.O.D

3 – 4 M: Step R to Right, Point L Next To RF
 L: Step L to Left, Point R Next To LF
5 – 6 M: Step L to Left, Slide RF towards LF
 L : Step R to Right, Slide LF towards RF
7 – 8 M: Step L to Left, Point R Next To LF
 L : Step R to Right, Point L Next To RF

[17 – 24] M: Side Step, Touch, Step ¼ Turn, Scuff, (Walk X 3), Touch

[17 – 24] L: Side Step, Touch, Step ¼ Turn, Scuff, Side Step ¼ Turn, Back ¼ Turn, Back, Touch

1 – 2 M: Step R to Right, Point L Next To RF
 L: Step L to Left, Point R Next To LF
3 – 4 M: ¼ Turn to Left and Step L Fwd, Scuff R
 L: ¼ Turn to Right and Step R Fwd, Scuff L

Lady passes under man's left arm and returns in close position. Man faces L.O.D and Lady faces I.L.O.D

5 – 6 M: Step R Fwd, Step L Fwd
 L: ¼ Turn to Right and Step L to Left, ¼ Turn to Right and Step R Behind
7 – 8 M: Step R Fwd, Point L Next To RF
 F: Step L Behind, Point R Next To LF

Restart at this point of the dance

[25 – 32] H: Half Rhumba Box, Touch, Walk, Walk, Walk, Touch

[25 – 32] F: Half Rhumba Box, Touch, Step ½ Turn, Back Step ½ Turn, Back Step, Touch

1 – 2 M: Step L to Left, Slide R towards LF
 L: Step R to Right, Slide L towards RF
3 – 4 M : Step L Fwd, Point R Next To LF
 L: Step R Behind, Point L Next To RF
5 – 6 H: Step R Fwd, Step L Fwd

7 – 8 L: ½ Turn to Left and Step L Fwd, ½ Turn to Left and Step R Behind
 M: Step R Fwd, Point L Next to RF
 L: Step L Behind, Point R Next To LF

Return to start position

****2 restarts after 24 first counts (instrumental) in 4th and 8th routine**
