

Only One Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Yvonne Krause (USA) - August 2022
音乐: Solamente una Vez - Natalie Cole



#24 Intro - No Tags, No Restarts

[1-8] NIGHTCLUB STEPS RIGHT & LEFT

1-4 Step right to side, drag left foot to right, rock back on left, recover onto right.
5-8 Step left to side, drag right foot to left, rock back on right, recover onto left.

[9-16] TURN ¼ LEFT, WALK WALK, STEP HOLD, PIVOT ½ LEFT

1-4 On ball of right turn ¼ left keeping weight on right, walk left, walk right. (9:00)
5-8 Step forward on left and hold, pivot ½ turn left. (3:00)

[17-24] MAMBO FORWARD & BACK

1-4 Rock forward on right, recover onto left, step right next to left and hold.
5-8 Rock back on left, recover onto right, step left next to right and hold.

[25-32] SERPENTINE

1-4 Cross right over left, step left to left side, step right behind left, sweep left front to back.
5-8 Step left behind right, step right to right side, cross left over right and hold.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com
