

If This Is It

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kathy Kearey (AUS) - September 2021
音乐: If This Is It - Huey Lewis & The News



Start: After 32 Count intro

SIDE ROCK CROSS SHUFFLE x2

1-2 Step/rock R to side, recover onto L
3&4 Cross shuffle R, L, R
5-6 Step/rock L to side, recover onto R
7&8 Cross shuffle L, R, L

¼ TURN, ½ TURN, FORWARD SHUFFLE, ROCK FWD RECOVER COASTER STEP

9-10 Turn ¼ to left stepping R back, turn ½ to left stepping L forward
11&12 Shuffle forward R, L, R
13-14 Step L forward, recover onto R
15&16 Step L back, step R back, step L forward

ROLLING VINE x2

17-18 Turn ¼ to right stepping R forward, turn ½ to right stepping L back
19-20 Turn ¼ to right stepping R to side, touch L next to R
21-22 Turn ¼ to left stepping L forward, turn ½ to left stepping R back
23-24 Turn ¼ to left stepping L to side, touch R next to L

SIDE ROCK BACK SHUFFLE, SIDE ROCK FORWARD SHUFFLE

25-26 Step/rock R to side, recover onto L
27&28 Shuffle back R, L, R
29-30 Step/rock L to side, recover onto R
31&32 Shuffle forward L, R, L

REPEAT
