

# R U Ready

拍数: 40                      墙数: 4                      级数: Improver  
编舞者: Ivan Rundgren (SWE) - September 2022  
音乐: Never Let You Go (feat. Patrizia Ferrara) - Waldeck



Intro: 40 C....No tag, No restarts!

## SEC. 1 HEEL DROPS X 2 – DIAGONALLY KICKS L R L – TOUCH

1 – 2                      Step fwd L (1) tap L heel twice (2)  
3 – 4                      Step fwd R (3) tap R heel twice (4)  
5 & 6 &                      Kick diagonally fwd L (5) step L back (&) Kick R diagonally fwd (6) step R back (&)  
7 & 8                      Kick diagonally fwd L(7) step L back (&) touch R next to L (8)

## SEC. 2 R WINE – SWIVELS – L WINE – SWIVELS

1 – 2 &                      Step R to R side (1) step L behind R (2) step R to R side (&)  
3 & 4                      Step L in front of R (3) swivel heel's out (&) swivel heel's in (4) weight ends on R  
5 – 6 &                      Step L to L side (5) step R behind L (6) step L to L side (&)  
7 – 8                      Step R in front of L (7) swivel heel's out (&) swivel heel's in (8) weight ends on L

## SEC. 3 SWEEP STEPS BACKWARDS R L – SAILOR SWEEP 1/4 TURN R – CHARLESTON STEP

1 – 2                      Sweep Step R backwards (1) sweep step L backwards (2)  
3 & 4                      1/4 turn R sweeping R to R side (3) step L next to R (&) step fwd R  
5 – 6                      Step fwd L (5) point R toe fwd (6)  
7 – 8                      Step R backwards (7) point L toe back (8)

## SEC. 4 HITCH AND POINT TURNS 3/4 R – HITCH AND POINT TURNS 3/4 L

1                      Hitch L knee and ¼ turn R, point L toe to L side [6:00]  
2                      Hitch L knee and ¼ turn R, point L toe to L side [9:00]  
3 – 4                      Hitch L knee and ¼ turn R, point L toe to L side (3) step fwd L (4) [12:00]  
5                      Hitch R knee and ¼ turn L, point R toe to R side [9:00]  
6                      Hitch R knee and ¼ turn L, point R toe to R side [6:00]  
7 – 8                      Hitch R knee and ¼ turn L, point R toe to R side (7) step fwd R (8) [3:00]

## SEC. 5 ROCK STEP TO L – ROCK STEP TO R – HEEL OR TOE SWITCHES R AND L – STEP – TOUCH

1 – 2 &                      Step L to L side(1) recover to R (2) step L next to R (&)  
3 – 4                      Step R to R side(1) recover to L (4)  
5 & 6 &                      Touch fwd R heel (5) step R next to L(&) touch fwd L heel (6) step L next to R (&)  
7 – 8                      Large step fwd R(7) touch L next to R (8)

Ending: dance ends after sec 4.To finish facing [12:00], change count 7 (sec 4) to 1/2 Turn L.

Start over again!

Have fun & happy dancing, hugs from Sweden :)  
Contact: [ivan.rundgren@gmail.com](mailto:ivan.rundgren@gmail.com)  
Remember to vote for favorite dances if You like it!.