

No Faking

拍数: 32 墙数: 4 级数: Improver
编舞者: Shannon Willson (USA) - August 2022
音乐: Fake It (feat. Aaron Cole) - Tauren Wells



#16 Count intro – 1 Restart, no tags

[1-8] PRESS R, HITCH, SHUFFLE BACK, OUT- OUT, KNEE POPS

1,2 Press ball of R foot forward, pop R knee up into hitch
3&4 Step back R, together L, back right
5,6 Step L to left side, step R to right side (feet about shoulder width apart)
&7&8 Pop L knee out (&), back in (7), pop R knee out (&), back in (8)

[9-16] RUNNING ROCK STEPS, JAZZ SQUARE 1/4 TURN R

&1,2 Step R forward angled L (&), rock L to L side (1), recover weight to R (2)
&3,4 Step L forward angled R (&), rock R to R side (3), recover weight to L (4)
5,6 Cross R over L, turn 1/4 R while stepping back on L
7,8 Step R to right, cross L slightly over R

RESTART HERE ON WALL 2 – just step together on count 8 rather than crossing

[17-24] ROCK R RECOVER, CROSS & UNWIND, SHUFFLE FORWARD, ROCK R RECOVER

1,2 Rock R to right, recover weight on L while turning 1/4 left
3,4 Cross R over L and unwind one full turn left
****no turn option – small shuffle forward R, L, R****
5&6 Step forward L, together R, forward L
7,8 Rock R forward, recover weight on L

[25-32] MONTEREY 1/4 R, POINT R, HITCH & CROSS, UNWIND, HIP BUMPS

1&2 R point right, bring R foot in while making 1/4 turn R, L point left
&3&4 Bring L foot in, point R to right, hitch R, cross R over L
5,6 Unwind 1/2 turn left
7,8 Hip bumps right, then left

REPEAT

Email: dancecouple@cox.net

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