

# Low Living

拍数: 48      墙数: 4      级数:  
编舞者: Thomas Haynes (USA) - September 2022  
音乐: The High Cost of Low Living (feat. Dennis Gruenling) - Nick Moss Band :  
(Remastered)  
或: Before You Accuse Me - Eric Clapton



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## Alt Music: Before You Accuse Me - Eric Clapton

### Side steps right, left with touches, side shuffle, rock

1-2-            Step right on right, touch left next to right  
3-4-            Side step on left, touch right next to left  
5&6-           Shuffle to the right RLR  
7-8-            Rock back on left, recover on right

### Side steps left, right with touches, side shuffle, rock

1-2-            Step left on left, touch right next to left  
3-4-            Step right on right, touch left next to right  
5&6-           Shuffle to the left LRL  
7-8-            Rock back on right, recover left

### Step forward with toe points

1-2-            Step forward on right, point left toe left  
3-4-            Step forward on left, point right toe right  
5-6-            Step forward on right, point left toe left  
7-8-            Step forward on left, point right toe right

### Sailor Shuffles moving back with 1/4 turn left

1&2-           Step right behind left, side step left, side step right  
3&4-           Step left behind right, side step right, side step left  
5&6-           Step right behind left, Side step left, side step right  
7&8-           Step left behind right, turning 1/4 turn left, side step right, step forward on left

### Forward lock steps with shuffle forward

1-2-            Step forward on right, lock step left behind right  
3&4-           Shuffle forward RLR  
5-6-            Step forward on left, lock step right behind left  
7&8-            Shuffle forward LRL

### Rock forward, recover, 1/2 Turn shuffle forward, rock, recover, coaster step

1-2-            Rock forward on right, recover on left  
3&4-           Turning 1/2 turn right shuffle forward RLR  
5-6-            Rock forward on left, recover on right  
7&8-            Step back on left, step back on right, step forward on left

begin again.....

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