

The Bed You Made

拍数: 32 墙数: 2 级数: High Beginner
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音乐: The Bed You Made for Me - Alanna Maher



Intro: 16 Counts

Section 1: Slow Right Chasse. Touch. Slow Left Chasse. Kick.

1-3 Step right to right side. Close left beside right. Step right to right side.
4 Touch left beside right.
5-7 Step left to left side. Close right beside left. Step left to left side.
8 Kick right in the right diagonal.

Section 2: Behind. Side. Cross. Hold. Point. Hitch. Point. Hitch.

1-2 Step right behind left. Step left to left side turning to 12 o'clock.
3-4 Cross right over left. Hold.
5-8 Point left to left side. Hitch left knee up. Point left to left side. Hitch left knee up.

Section 3: Back. Touch & Clap. Back. Touch & Clap. Back. Heel. Step. Flick.

1-2 Step diagonally back on left. Touch right beside left & Clap.
3-4 Step diagonally back on right. Touch left beside right & Clap.
5-8 Step back on left. Touch right heel forward. Step right beside left. Flick left foot back.

Section 4: Slow forward Shuffle. Scuff. Step. Hold. ½ Turn left. Hold.

1-4 Step forward on left. Close right beside left. Step forward on left. Scuff right
5-8 Step forward on right. Hold. Turn ½ left. Hold

Tag: Walk. Hold & Clap. Walk. Hold & Clap.

1-2 Walk forward on right. Hold & Clap. Walk forward on left. Hold & Clap.

*1st tag after wall 4 (Facing 12 O'clock)

**2nd tag after wall 8 (Facing 12 O'clock)

***3rd tag after wall 10 (Facing 12 O'clock)

****4th tag after wall 12 (Facing 12 O'clock)

Ending: As the music in ending Step forward on right & Turn ½ left to finish facing the front wall.