

# Body Is Talking

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver / Intermediate  
编舞者: Angéline Fourmage (FR) - 9 September 2022  
音乐: Body Language - J Rivers



Start: 4 s. approximately, On the lyrics  
No Tag – No Restart

## [1-8] Mambo, Cross, Rock step, Triple Step ½ L

1&2      RF to the R side, Recover to LF, Cross RF over LF  
3-4      LF FW, Recover to RF  
5&6      Triple step ½ L (Make ¼ L with LF to the L side, RF next to LF, Make ¼ L with LF FW)  
7-8      Make 1/8 L with RF back, LF back

## [9-16] Sailor step 1/8 R, Point, Point, Cross, Back ¼ L, Rock step ¼ L, Recover ¼ R, Sweep

1&2      Sailor step 1/8 R (Cross RF behind LF, Make ¼ R with LF to the L side, RF to the R side)  
3-4      Point LF over RF, Point LF to the L side  
5-6      Cross LF over RF, Make ¼ L with RF back  
7-8      Make ¼ L with LF to the L side, Recover weight on RF with ¼ R with L sweep back to the front

## [17-24] Jazz box, Sway × 4 (Option)

1-2      Cross LF over RF, RF back  
3-4      LF to the L side, Cross RF over LF  
5-6      L sway, R sway  
7-8      L sway, R sway (option hip-roll)

## [25-32] Step wine ½ R, Walk, Walk, Mumbo, Step ½ L, Step ½ L, Back

1-2      LF FW, Make ½ R (weight on RF)  
3-4      LF FW, RF FW  
5&6      LF FW, Recover to RF, Make ½ L with LF FW  
7-8      Make ½ L with RF back, LF back

Smile et enjoy the dance

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