

Mirame

拍数: 32 墙数: 2 级数: Beginner
编舞者: Arefen Ben Djunaed (INA)
音乐: Mirame (Bilmem mi? Remix) (feat. Aerro) - Sefo, Reik & Dímelo Flow



Dance on first reff (Mirame...)

I Samba Whisk, Volta Turn

1a2 Step R side – Ball L behind R – Step R in place
3a4 Step L side – Ball R behind L – Step L in place
5&6& Turn $\frac{3}{4}$ right stepping R forward – Ball L behind R – stepping R forward – Ball L behind R
7&8 Stepping R forward – Ball L behind R – Stepping R forward (09.00)

II Diamond Step, Mambo Cross

1a2 Cross L over R – Turn $\frac{1}{8}$ left stepping R back – Step L back
3a4 Step R back – Turn $\frac{1}{8}$ left stepping L side – Cross R over L
5&6 Rock L side – Recover on R – Cross L over R
7&8 Rock R side – Recover on L – Cross R over L (06.00)

III Chasse, Cross Rock, Botafogo, Botafogo Turn

1&2 Step L side – Step R next to L – Step L side
3&4 Cross rock R over L – Recover on L – Step R side
5a6 Cross L over R – Ball R side – Step L in place
7a8 Cross R over L – Turn $\frac{1}{4}$ right stepping L back – Turn $\frac{1}{4}$ right stepping R side (12.00)

IV Rock, Long Step, Coaster Step, Sailor Turn, Forward

1&2 Rock L forward – Recover on R – Step L long backward
3&4 Step R back – Ball L next to R – Step R forward
5-6& Step L forward turn $\frac{1}{2}$ right, sweep R from front to back – Step R back – Ball L next to R
7-8 Step R forward – Step L forward (06.00)

Restart on wall 3 after 16 counts!

Change step “Cross R over L” become “Touch R beside L”

No Tag!

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