

Friday

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - September 2022
音乐: Friday (feat. Mufasa & Hypeman) (Dopamine Re-Edit) - Riton & Nightcrawlers :
(Spotify / Apple Music)



Start dance on Lyrics "(what)"

[S1] Fwd-1/2R-Together, Back-Back-1/4L, Cross-Side Rock-Cross, Side, Behind

1&2 Step forward on R, Make a 1/2 turn right stepping back on L, Step R next to L (6:00)
3&4 Step back on L, Step back on R, Make a 1/4 turn left stepping L to the side (3:00)
5&6& Cross R over L, Rock L to the side, Replace weight on R, Cross L over R
7 8 Step R behind L, Step L to the side***

[S2] 1/4R Shuffle Fwd, Step-Pivot 1/4R, Cross Shuffle, 1/4L-1/4L

1&2 Making a 1/4 turn right shuffle forward on R-L-R (6:00)
3 4 Step forward on L, Make a 1/4 turn right recover weight on R (9:00)
5&6 Cross L over R, Step R close to L, Cross L over R
7 8 Making a 1/4 turn left stepping back on R, Making a 1/4 turn left stepping forward on L (3:00)

[S3] Fwd Rock-Coaster Step, Fwd Rock-1/2L Shuffle Fwd

1 2 Rock forward on R, Replace weight on L
3&4 Step back on R, Step L next to R, Step forward on R
5 6 Rock forward on L, Replace weight on R
7&8 Making a 1/2 turn left shuffle forward on L-R-L** (9:00)

[S4] Cross, Back-Side-Cross, Side, Behind Rock, Side Shuffle

1 2& Cross R over L, Step back on L, Step R to the side
3 4 Cross L over R, Step R to the side
5 6 Rock L behind R, Replace weight on R
7&8 Side shuffle to the left on L-R-L

Restart on Wall 3 count 24** (3:00) and Wall 7 count 8*** (Make a 1/4 turn right, Wall 8 starts from 12:00 o'clock)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(updated: 7/Sept/22)