

Grew Up On Music

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Beginner - Country
编舞者: Marie-Odile Jélinek (FR) - July 2022
音乐: Grew Up On That - High Valley



****2 Restarts Face to 12H then at 6H- Final at 12H**

Dance starts after 16 Counts of the Intro at the Lyrics « Bow Your Head, Take off your hat »
Sequences : 32-32-20 * Restart * 32-32-32-16 * Restart * 32-32-32 Final

Hold on LF

[1to8] WALK R- WALK L- STEP LOCK STEP FORWARD- WALK L - WALK R- STEP LOCK STEP FORWARD

1-2 On diagonal R : walk RF fwd, walk LF fwd 12H
3&4 RF fwd - LOCK LF behind RF - RF fwd
5-6 On diagonal L : walk LF fwd, walk RF fwd
7&8 LF fwd - LOCK RF behind LF - LF fwd

[9to16] SIDE RIGHT-TOUCH-SNAP-SIDE LEFT-TOUCH SNAP-ROLLING VINE TO RIGHT WITH ¼ TURN-STOMP-CLAP

1-2 RF to the R, Touch LF next to RF+ Snap
3-4 LF to the L, Touch RF next to LF+ Snap
5-6 RF fwd in ¼ Turn to the R face to 3H -Step back LF in ½ Turn to the R
 face to 9H Denoted Times
7-8 Pose RF to the R in ¼ Turn to the R face to 12H- Stomp LF next to RF+ Clap face to 12H

Here : 2nd Restart at Wall 7 at 6H

[17to24] RIGHT- LEFT- HEEL TAPS -TOGETHER - RIGHT STEP PIVOT 1/2 TURN - STEP - STOMP UP

1-2 & Touch Heel RF fwd (Twice) & gather RF next to LF
3-4 & Touch Heel LF fwd (Twice) & gather LF next to RF ⇒ Here: 1st Restart
5-6 Pose RF fwd - Pivot ½ Turn to the L (BW on LF)
7-8 Pose RF fwd - Stomp Up LF a little back over the RF 6H

Here : 1st Restart at Wall 3 at 12H after « 3-4 & » of this Section

[25to32] TRIPLE BACK LEFT- ROCK BACK RIGHT-TRIPLE FWD RIGHT-STOMP- TOE TOUCH RIGHT

1&2 Triple back (LRL)
3-4 Rock RF back- Resume hold on LF
5&6 Triple fwd (RLR)
7-8 Stomp LF-Touch Point RF next to LF 6H

Final ⇒ Dance ends naturally at 12 H

Glad to have written a choreography on this this great music.
Thanks, to the group High Valley for their Talent of Musicians and Singers.

NTA NUMBER : 10149

Contact : laceve.83@gmail.com

Blog Wixsite : <https://ever83.wixsite.com/ever>

Blog Wordpress : <https://leseveryoung.wordpress.com>

Youtube : https://www.youtube.com/channel/UCDUWJGm39h1l_95fOcQKVYA

Facebook : <https://www.facebook.com/marieodileleseveryoung>

Last Update: 13 Jan 2024

