

She Had Me

拍数: 48 墙数: 2 级数: Intermediate Pulse Polka
编舞者: Ronald "RONNIE" Grabs (DE) - September 2022
音乐: Dancin' In The Country - Tyler Hubbard



1/4 R w. FWD. SHUFFLE / 1/2 R w. BACK SHUFFLE / 1/4 R w. HITCH-SIDE SLIDE / BALL-CROSS

1&2 turn 1/4 R (3:00) stepping RF forward, LF step next to RF, RF step forward,
3&4 turn 1/4 R (6:00) stepping LF to side, RF step next to LF, turn 1/4 R (9:00) stepping LF back,
5,6-7 turn 1/4 R (12:00) with LF hop in place and hitching R knee, step RF big to side dragging LF
 next to RF,
&8 ball step LF next to RF slightly behind, RF cross step over LF,

SIDE CHASSE / 1/2 R & SIDE CHASSE / SAILOR STEP w. HOLD / BALL-SIDE

1&2 LF step to L side, RF step next to LF, LF step to L side,
3&4 turn 1/2 R (6:00) stepping RF to R side, LF step next to RF, RF step to R side,
5&6-7 LF cross step behind RF, RF step to R side, LF step to L side and hold position,
&8 ball step RF next to LF, LF step to L side,

STEP-1/2 L PIVOT TURN / 1/2 L BACK SHUFFLE / 3 HITCH-STEPS BACK / BACK-TOUCH

1,2 RF step forward, turn 1/2 L (12:00) stepping LF forward,
3&4 turn 1/4 L (9:00) stepping RF to side, LF step next to RF, turn 1/4 L (6:00) stepping RF back,
&5 scoot slightly backwards on RF hitching L knee, LF step slightly back,
&6 scoot slightly backwards on LF hitching R knee, RF step slightly back,
&7 scoot slightly backwards on RF hitching L knee, LF step slightly back,
&8 RF step slightly back, LF touch forward,

STEP & FLICK-CROSS STEP / SIDE CHASSE / SAILOR STEP / SAILOR STEP

&1,2 LF step next to RF, RF back flick, cross step RF over LF,
3&4 LF step to L side, RF step next to LF, LF step to L side,
5&6 RF cross step behind LF, LF step to L side, RF step to R side,
7&8 LF cross step behind RF, RF step to R side, LF step to L side,

LONG DIAG. SHUFFLE FWD. / JAZZ BOX

1&2 RF step diag. forward (to 7:30), LF step next to RF, RF step diag. forward,
&3&4 LF step next to RF, RF step diag. forward, LF step next to RF, RF step diag. forward,
5,6,7,8 LF step diag. forward, RF step back, LF step to side, RF cross step over LF,

LONG DIAG. SHUFFLE FWD. / CROSS ROCK / HOP & HITCH SIDE SLIDE w. DRAG.

1&2 LF step diag. forward (to 4:30), RF step next to LF, LF step diag. forward,
&3&4 RF step next to LF, LF step diag. forward, RF step next to LF, LF step diag. forward,
5,6 RF cross rock step over LF, recover weight back onto LF,
&7-8 hop in Place on LF hitching R knee, RF long step to R (facing 6:00) side dragging and step
 LF next to RF,

REPEAT