

The Song of My Life

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Maria Tao (USA) - September 2022
音乐: The Song of My Life - Petula Clark : (CD: The ultimate collection)



Intro: 24 counts

Note: Tag (x2); add 3 counts tag at the end of WALL 1 and WALL 4

[S1] L TWINKLE, R TWINKLE 1/4 TURN R WITH PRESS

1-3 Cross L over R, rock R to R, recover onto L
4-6 Cross R over L, 1/4 turn R stepping L back, press R to R [3:00]

[S2] RECOVER 1/4 TURN L, 1/2 TURN L, STEP BACK, SAILOR STEP

1-3 Recover weight on L turning 1/4 turn L, 1/2 turn L stepping R back, step L back [6:00]
4-6 Step R behind L, step L to L, step R forward

[S3] 1/2 ARC TURN L WALTZ BASIC FWD, FWD ROCK, RECOVER, 1/2 TURN R

1-3 1/2 arc turn L stepping L forward, step R beside L, step L in place [12:00]
4-6 Rock R forward, recover onto L, 1/2 turn R stepping R forward [6:00]

[S4] CROSS, UNWIND 1/2 TURN R, SAILOR CROSS

1-3 Cross L toe over R, unwind 1/2 turn R (over 2 counts)(weight on L) [12:00]
4-6 Cross step R behind L, step L to L, cross R over L

[S5] BALANCE STEP (L-R)

1-3 Step L to L, step R behind L, recover weight on L
4-6 Step R to R, step L behind R, recover weight on R

[S6] 1/4 TURN L, 1/2 TURN L, BACK, BACK, DRAG

1-3 1/4 turn L stepping L forward, 1/2 turn L stepping R back, step L back [3:00]
4-6 Big step R back, drag L towards R (over 2 counts)

[S7] STEP FWD, RONDE, 1/2 TURN R SAILOR STEP

1-3 Step L forward, ronde R back to front (over 2 counts)
4-6 Ronde R front to back 1/2 turn R crossing step R behind L,
step L to L, step R forward while lifting L heel [9:00]

[S8] 1/2 TURN L, 1/4 TURN L SIDE ROCK, RECOVER, R TWINKLE 1/2 TURN R

1-3 1/2 turn L stepping L down in place, 1/4 turn L rocking R to R, recover onto L [12:00]
4-6 Cross R over L, 1/4 turn R stepping L back, 1/4 turn R stepping R to R [6:00]

START AGAIN!

TAG: Add 3 counts tag at the end of WALL 1 (facing 6:00) & WALL 4 (facing 12:00)

1-3 Cross rock L over R, recover onto R, drag and touch L next to R