

Disco! SUNNY

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Header Kim (KOR) - September 2022
音乐: Sunny (Disco Club Remix) - Boney M



* NOTE: No Tag, No Restart

INTRO: Music Start after 40 Seconds

Sec 1: Step FWD Walk X 4, Side Touch with Hip Roll X 2

1, 2, 3, 4 Step Walk forward R, L, R, L (With arm movement)
5-6 Step RF left to right backwards with Hip roll to R, Step LF touch to L
7-8 Step LF right to left backwards with Hip roll to L, Step RF touch to R

Sec 2: Step Back X 4, Side Touch with Hip Roll X 2

1, 2, 3, 4 Step Back R, L, R, L (With arm movement)
5 - 6 Step RF left to right backwards with Hip roll to R, Step LF touch to L
7 - 8 Step LF right to left backwards with Hip roll to L, Step RF touch to R

Sec 3: Step FWD Walk X 4, Side Touch with Hip Roll X 2

1, 2, 3, 4 Step Walk forward R, L, R, L (With arm movement)
5-6 Step RF left to right backwards with Hip roll to R, Step LF touch to L
7-8 Step LF right to left backwards with Hip roll to L, Step RF touch to R

Sec 4: Step Back X 4, Side Touch with Hip Roll X 2

1, 2, 3, 4 Step Back R, L, R, L (With arm movement)
5-6 Step RF left to right backwards with Hip roll to R, Step LF touch to L
7 - 8 Step LF right to left backwards with Hip roll to L, Step RF touch to R

Sec 5: Side Chasse, Back Rock, Recover X 2

1 & 2 Step RF side, LF close to RF, RF side to R
3-4 LF Back rock behind RF, Recover weight on RF
5 & 6 Step LF side, RF close to LF, LF side to L
7-8 RF Back rock behind LF, Recover weight on LF

Sec 6: Rolling Grapevine with Clap X 2 (Option: Arm movement)

1 - 2 Step RF forward 1/4 turn to R, LF back 1/2 turn to R
3-4 Step RF 1/4 turn to R side, LF side point to L with Clap
5 - 6 Step LF forward 1/4 turn to L, RF back 1/2 turn to L
7-8 Step LF 1/4 turn to L side, RF side point to R with Clap

Sec 7: Rock, Recover, Chasse R 1/4 turn, FWD Shuffle R 1/4 turn, Rock, Recover

1 - 2 RF forward rock, Recover weight on LF
3&4 Step RF side 1/4 turn to R, LF close to RF, RF side to R (3:00)
5 & 6 LF forward 1/4 turn to R, RF forward lock behind LF, Step LF forward (6:00)
7-8 RF forward rock, Recover weight on LF

Sec 8: FWD – Point X 2, Jazzbox R 1/4 turn

1 - 2 Step RF forward, LF point to L side
3-4 Step LF forward, RF point to R side
5 - 6 Step RF cross over LF, LF step back 1/4 turn to R (9:00)
7-8 Step RF side to R, Step LF forward over RF

Enjoy party time together!

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