

Take These Chains From My Heart

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kathy Kearey (AUS) - October 2021
音乐: Take These Chains from My Heart - Lee Roy Parnell



Start: After 32 count intro

VINE RIGHT WITH HITCH, STEP BACK HITCH x2

1-2 Step R to side, step L behind R
3-4 Step R to side, lift L knee
5-6 Step L back, lift R knee
7-8 Step R back, lift L knee

STEP TOE RECOVER HITCH, STEP LOCK STEP SCUFF

9-10 Step L forward, tap R toe behind L
11-12 Recover onto R, lift L knee
13-14 Step L forward, lock R behind L
15-16 Step L forward, scuff R forward

STEP ½ TURN STEP HOLD, STEP ¼ TURN CROSS HOLD

17-18 Step R forward, turn ½ to left
19-20 Step R forward, hold
21-22 Step L forward, turn ¼ to right
23-24 Cross L over R, hold

¼ MONTEREY TURNS x2

25-26 Point R to side, turn ¼ to right bringing R in next to L
27-28 Point L to side, step L next to R
29-32 Repeat 25-28

REPEAT

Last Update: 28 Sep 2023
