

C'est La Vie

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Island Trio (CAN), Lynda Maynard (CAN), Debbie Dickie (CAN) & Linda (CAN) -
August 2022
音乐: C'est La Vie - Bob Seger



Start on word 'Teenage' - No Tags or Restarts

Section One: Lindy Right, Lindy Left

1&2 Step right to right side, step left together, step right to right side
3-4 Rock left back, recover to right
5&6 Step left to left side, step right together, step left to left side
7-8 Rock back right, recover to left

Section Two: Step Together, Step touch x 2

1-4 Step right to right side, step left together, step right to right side, touch left
5-8 Step left to left side, step right together, step left to left side, touch right

Section Three: Twist, Kickball Change x 2

1-4 Twist heels right, center, right, center (weighted on left)
5-8 Kick right forward, recover to ball of right, change weight to left, Repeat

Section Four: ¾ Left Boogie Turn

1-4 Step right forward, pivot ¼ left, step right forward pivot ¼ left
5-8 Step right forward, pivot 1/8 left, step right forward pivot 1/8 left

***Add Jazz Hands while making the turn**

Finish- Cross right over left, unwind 1/2 left coming back to 12:00
