

Days In The Sun

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Andrena Mcfarlane (SCO) & Heather Barton (SCO) - August 2022
音乐: Moments - Emerson Drive



Intro: 16 Counts, Start at approx. 18 secs

SEC 1: Back, Sweep, Weave, Side Rock Cross, ¼ Back, Side, ⅛ Step, Run Run

- 1 Step right back sweeping left from front to back
- 2&3 Step left behind right, step right to right, cross left over right
- 4&5 Rock right to right, recover weight onto left, cross right over left
- 6&7 Turn ¼ right step left back, step right to right, turn ⅛ right step left forward (4:30)
- 8& Step right forward, step left forward

SEC 2: Step, ½ Pivot, Full Turn Sweep, Behind, ⅛ Side, Cross Rock, Side, Extended Weave

- 1-2 Step right forward, pivot ½ left transferring weight onto left (10:30)
- &3 Unwind full turn right sweeping left from front to back (10:30)
- 4& Step right behind left, turn ⅛ left step left to left (9:00)
- 5-6& Cross rock right over left, recover weight onto left, step right to right
- 7&8& Cross left over right, step right to right, step left behind right, step right to right

Restart Here on Wall 5, Change the & to turn ¼ right step right forward then add the following

- 1-2& Step left forward, rock right forward, recover weight onto left

SEC 3: Step, Sweep, ¼ Fallaway, Rock, ½ Step, Full Triple Turn

- 1 Step left forward sweeping right from back to front
- 2&3 Cross right over left, step left to left, turn ⅛ right step right back (10:30)
- 4&5 Step left back, turn ⅛ right step right to right, step left forward (12:00)
- 6&7 Rock right forward, recover weight onto left, turn ½ right step right forward (6:00)
- 8&1 Turn ½ right step left back, turn ½ right step right forward, step left forward (6:00)

SEC 4: Rock, Back, Drag, Weave, Side Rock, ¼ Recover, Step, Sway, Sway

- 2&3 Rock right forward, recover weight onto left, step right back dragging left towards right
- 4&5 Step left behind right, step right to right, cross left over right
- 6&7 Rock right to right, turn ¼ left recover weight onto left, step right forward (3:00)
- 8& Step left to left swaying body left, sway body right

SEC 5: Nightclub Basic, Nightclub Basic, Side ¾ Spiral, Run Run, Step, Sweep

- 1-2& Step left to left, step right beside left, cross left over right
- 3-4& Step right to right, step left beside right, cross right over left
- 5 Step left to left spiral ¾ turn right hooking right over left (12:00)
- 6&7 Step right forward, step left forward, step right forward sweeping left from back to front (12:00)

Restart Here on Walls 2 and 4, Dance the Tag then Restart

SEC 6: ¼ Fallaway, Coaster Cross, ¾ Unwind Sweep, Reverse Rocking Chair

- 8&1 Cross left over right, step right to right, turn ⅛ left step left back (10:30)
- 2&3 Step right back, turn ⅛ left step left to left, cross right over left (9:00)
- 4&5 Step left back, step right beside left, cross left over right
- 6 Unwind ¾ turn right sweeping right from front to back (6:00)
- 7&8& Rock right back, recover weight onto left, rock right forward, recover weight onto left

Tag: After 39 counts of Walls 2 and 4

Weave, Sweep, Behind, Side, Cross Rock, Side Rock

- 8&1 Cross left over right, step right to right, step left behind right
- 2& Step right behind left, step left to left
- 3& Cross rock right over left, recover weight onto left
- 4& Rock right to right, recover weight onto left

Last Update – 11 Sept. 2022
