

Martha!

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lesley Stewart (SCO) - August 2022
音乐: Martha Divine - Ashley McBryde



Intro: 16 count intro, start on the word " Feeling"
Tag: 16 count tag at the end of wall 4
Restart: on wall 10 dance 16 counts and restart the dance

CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER

- 1&2 Step right to right side, step left next to right, step right next to left
- 3-4 Rock back on left, recover on right
- 5&6 Step left to left side, step right next to left, step left to left side
- 7-8 Rock back on right, recover on left

HANDBAG STEPS

- 1-2 Step forward on right, touch left next to right
- 3-4 Step back on left, touch right next to left
- 5-6 Step back on right, touch left next to right
- 7-8 Step forward on left, touch right next to left

WALK FORWARD R, L, R, KICK L, WALK BACK L, R, L, TOUCH

- 1-2 Walk forward right, left
- 3-4 Walk forward right, kick L
- 5-6 Walk back left, right
- 7-8 Walk back left, touch right next to left

¼ TURN MONTEREY X2

- 1-2 Point right out to right side, make ¼ turn right stepping right next to left
- 3-4 Point left out to left side, step left back in place
- 5-6 Point right out to right side, make ¼ turn right stepping right next to left

Start Again.....Happy Dancing.....□

Tag: WALK FORWARD R, L, R KICK, WALK BACK L,R,L TOUCH, CHASSE, ROCK BACK RECOVER, R & L

- 1-2 Walk forward right, left
 - 3-4 Walk forward right, kick left
 - 5-6 Walk back left, right
 - 7-8 Walk back left, touch right next to left
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- 1&2 Step right to right side, step left next to right, step right to right side
 - 3-4 Rock back on right, recover on left
 - 5&6 Step left to left side, step right next to left, step left to left side
 - 7-8 Rock back on right, recover on left

Last Update - 27 Sept. 2022