Just Say Grace



拍数: 16 墙数: 4 级数: Improver

编舞者: Mikael Mölsä (FIN) & Laura Hannele Pitkänen (FIN) - 16 August 2022

音乐: You Don't Own Me (Radio Mix) - SAYGRACE: (CD: You Don't Own Me -single)



Starting point: Just before the lyrics, at about 0:03.

Note: The dance has two 4-count tags, after walls 1 and 4. You'll be facing 9:00 and 12:00 when they happen.

STEP BACK, STEP BACK WITH A HITCH, STEPS FORWARD, SIDE ROCK, WEAVE RIGHT

1-2 Step left back, step right back and hitch left foot

3&4& Step forward left, right, left, right

5-6 Rock left to left side, recover weight back to right

7&8& Step left across right, step right to right side, step left behind right, step right to right side

HITCH ACROSS, SWEEP, CROSS, BACK, 1/4 LEFT TURNING SIDE STEP, FORWARD, FULL TURN RIGHT, REVERSE COASTER STEP, STEP BACK

1-2 Step left forward and hitch right across right, step right across left and sweep left from back to

front

3&4& Step left across right, step right back, turn ¼ to left and step left to left side, step right forward

5-6 Turn ½ to right and step left back and start ronde right from front to back, turning ½ to right

finish the ronde by stepping right forward

7&8& Step left forward, step right next to left, step left back, step right back

REPEAT

Tag (4 counts, comes after walls 1 and 4) STEP BACK, ROCK BACK, RECOVER, STEP FORWARD

1-2 Step left back, rock right back

3-4 Recover weight back to left, step right forward

Note: For styling, you should open your upper body to right on count 2 to accentuate your back rock step. If you don't want to do it however, you can do a regular rock step back if you want.