Ah Ah Oh



拍数: 32 墙数: 4 级数: Beginner

编舞者: Inge Vestergård (DK) - August 2022

音乐: Høstfesten - Lars Lilholt Band



Intro: 16 counts. Start with weight on L foot.

No tags – no restart :-). There is a small ending.

1 – 4	Step R to R side.	Cross L behind R.	Step R to R side.	Touch L beside R.

5 - 6
 Step L diagonal fwd, Touch R beside L (Both Arms swing L)
 7 - 8
 Step R diagonal back, Touch L beside R (Both Arms swing R)

Sec. 2: Wine L with Touch, R Step Diagonal with Touch, L Step Diagonal back with touch

1 – 4 Step L to L side, Cross R behind L, Step L to L side, Touch R beside L.

5 - 6
Step R diagonal fwd, Touch L beside R (Both Arms swing R)
7 - 8
Step L diagonal back, Touch R beside L (Both Arms swing L)

Sec. 3: 2 x Jump back and Clap, R Back rock, R Shuffle

&1 – 2	Jump R back, Jump L back, Clap both Hands
&3 - 4	Jump R back, Jump L back, Clap both Hands

5 - 6 R back Rock, Recover on L

7&8 Step R fwd, Step L beside R, Step R fwd

Sec. 4: L Rocking Chair, L Step fwd, 1/4 turn R, L Step, R scuff

1 - 4 L rock fwd, Recover on R, L Rock back, Recover on R

5 - 8 L Step fwd, ¼ Turn R stepping R to R side, Step L fwd, R Scuff fwd.

Ending: Wall 14 starts facing 3 O' Clock

Dance the first 8 counts of the dance, then make a Wine with 1/4 L and the dance ends facing 12 O' Clock

Start all over and have Fun

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