

Roll The Dice

拍数: 48 墙数: 4 级数: Advanced
编舞者: Ashley Mathews (USA) - August 2022
音乐: More Than I Know - Jordan Davis



STEP, SCUFF, BALLCHANGE, STEP, TOE, STAMP, STEP, HOP, STEP, BALLCHANGE, OUT-OUT

- 1 Step LF forward
- & Scuff RF forward
- 2 Step RF forward
- &3 Ball change LF in place
- & Toe LF behind
- 4 Stamp LF forward
- 5 Step LF behind your RF
- & Chug/hop, carry left foot up and behind, turn ¼ to the L
- 6 LF steps down on 6
- &7 LF ball change to cross LF in front of RF- &7
- &8 Out-Out: RF Out then LF Out, stay on toes

IN-IN, ROCK, SWEEP, SWEEP, BODY ROLL TO SIT, STEP LOCK, STEP LOCK

- &1 In-In: RF in then LF in.
- 2 Rock RF ¼ to the R
- 3-4 Sweep backward R, Sweep backward L
- 5-6 Body Roll to sit with weight in back left
- 7&8& Step R lock L, repeat

SWEEP, TRIPLE, KICK BALLCHANGE, HOP-HOP WITH FULL TURN, LAND

- 1-2 Sweep forward LF on 1 cross on 2
- 3&4 Triple R-L-R
- 5&6 Kick L, Ball Change LF-RF
- 7&8 While turning over left shoulder, complete a full turn while hopping on R foot twice with L foot in air, land with both feet out

SAILOR, SAILOR, KICK AND CROSS, UNWIND

- 1&2 Sailor Step R-L-R
- 3&4 Sailor Step L-R-L (turning ¼ to the L on the last step)
- 5&6 Kick R, step R on &, cross LF in front
- 7-8 Full turn over R shoulder to unwind

TOE SWITCHES, HEEL SWITCHES, BODY ROLL RECOVER X2

- 1&2 Point RF to the side on 1, Point LF to the side on 2
- &3&4 Step L on &, R Heel on 3, Step R on &, L Heel on 4
- &5-6 Rock w/ body roll, Recover
- &7-8 Rock w/ body roll, Recover

BODY ROLL RECOVER X1, TRIPLE STEP BACK, ROCK OUT, FULL TURN

- &1-2 Rock w/ body roll, step back on 2
- 3&4 Triple Step backwards R-L-R
- 5-6 Rock Out
- 7-8 Full Turn Counter Clockwise over R Shoulder

There are (2) restarts in this dance.

R1: WALL 3: The first restart occurs after the first 8 count of Wall 3. You will be facing 3:00 and will need to

take a step in on your RF on "&" (the first step of your "in-in" from the second 8 count). You will have your LF prepared to restart from the beginning of the dance.

R2: WALL 4: The second restart occurs after the fourth 8 count of Wall 4. You will be facing 12:00 and will have just completed the "unwind." Be sure to have your weight on your RF, so that you may step forward with your LF to restart from the beginning of the dance.

If you have any questions, please contact me by email.

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