

# Akar (Aku Kangen Aku Rindu)

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Conny Cleo (INA) - August 2022  
音乐: Aku Kangen Aku Rindu - Alexa Key



Restart : 3 x – (After wall 4, 6, 10)

## INTRO DANCE – 16c

### SEC 1 : STEP RF OVER LF - STEP LF TO SIDE - COASTER STEP (DIAGONAL) - STEP LF OVER RF - STEP RF TO SIDE COASTER STEP (DIAGONAL)

1 - 2            Step RF over LF, Step LF to side  
3 & 4           Step RF back, Step LF beside RF, Step RF forward  
5 - 6           Step LF over RF, Step RF to side  
7 & 8           Step LF back, Step RF beside LF, Step LF forward

### SEC 2 : JAZZ BOX CROSS – DRAG – BASIC SAMBA

1 2 3 4           Cross RF over LF, Step LF back, Step RF to R, Step LF over RF  
5 - 6           Long step R to R side, Touch LF beside RF  
7 - 8           Step LF in place, Step RF beside LF, Step LF in place

## MAIN DANCE: 32c

### SEC 1 : KICK BALL TOUCH SIDE – TWIST – SWIVELL – ANCHOR STEP

1 & 2           Kick RF, Step RF in place, Touch LF to L  
3 & 4           Twist both heel Left, Recover, Twist both heel Left  
5 & 6           Step RF back, Recover on LF, Recover on RF  
7 & 8           Step LF back, Recover on RF, Recover on LF

### SEC 2 : CROSS MAMBO – BOTAFOGO – FORWARD MAMBO

1 & 2 &           Rock cross RF over LF, Recover on LF, Step RF to R, Step LF in place  
3 & 4           Cross RF over LF, Step ball LF to L, Step RF in place  
5 & 6           Cross LF over RF, Step ball RF to R, Step LF in place  
7 & 8           Rock RF forward, Recover on LF, Step RF back

### SEC 3 : FLICK – PRISSY WALK – OUT-OUT – TURN ½ - CROSS MAMBO

1            Bend your leg back  
2 & 3           Step RF forward slightly in front of LF, Step LF forward slightly in front of RF  
& 4           Step RF to R, Step LF to L  
5 - 6           Step RF to Left ½ turn, recover  
7 & 8           Rock cross RF over LF, Recover on LF, Step RF to R

### SEC 4 : HEEL – TAPS BEHIND – PONY STEP - HITCHES

1 & 2           Touch Left heel forward, step LF beside R, Touch Right heel forward  
3 - 4           Step RF to R, Tap LF toes behind R  
& 5           Step LF to L, Touch RF beside LF  
& 6           Step RF to R, Touch LF beside RF (1/4 Turn)  
7 & 8           Step LF to L, Tap RF toes behind Left, hitching left knee

## ENJOY THE DANCE

For more info contact me : [Connygisella72@gmail.com](mailto:Connygisella72@gmail.com)