

Raleigh's Ride

拍数: 48 墙数: 4 级数: Beginner / Improver
编舞者: Cathy Snow (USA) - August 2022
音乐: Raleighs Ride - Sister Sadie : (A bit of Bluegrass music)



Intro: 32 counts

[1-8] RIGHT SUGAR FOOT, TRIPLE-STEP, LEFT SUGAR FOOT, TRIPLE-STEP

1-2 Point right toe to left instep, right heel to left instep
3&4 Triple step in place right, left, right
5-6 Point left toe to right instep, left heel to right instep
7&8 Triple step in place left, right, left

[9-16] WALK FORWARD; L STOMP; WALK BACK, R TOUCH

1-4 Walk forward right, left, right; stomp left
5-8 Walk back left, right, left, touch right

[17-24] DIAGONAL TRIPLE STEPS

1&2 Point diagonally to right, triple in place right, left, right
3&4 Point diagonally to left, triple in place left, right, left
5&6 Point diagonally to right, triple in place right, left, right
7&8 Point diagonally to left, triple in place left, right, left

[25-32] LINDY RIGHT, ROCK/ RECOVER, LINDY LEFT, RIGHT/RECOVER

1&2 Step side R, Step L next to R
3-4 Rock back on L, Replace weight on R
5&6 Step side L, Step R next to L
7-8 Rock back on R, Replace weight on L

[33-40] STEP LOCK SHUFFLES

1-2 Step right forward, step left behind right
3&4 Shuffle forward right, left, right
5-6 Step left forward, step right behind left
7&8 Shuffle forward left, right, left

[41-48] JAZZ BOX, JAZZ BOX RIGHT ¼ TURN

1-2 Cross right over left, step back on left
3-4 Step right with right, step left next to right
5-6 Cross right over left, step back on left
7-8 Step right ¼ turn, step left next to right

REPEAT DANCE

NO TAGS OR RESTARTS

Questions/comments: mrssno@email.com