

Hey Ladies

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Nita Nefos (INA) - August 2022
音乐: Hey Ladies - Rossa



Intro: 32 Count

Tag : After wall 6, 4 Count (ROCKING CHAIR)

(1-8) CHASSE, BACK ROCK, (R – L)

1 & 2 Step Rf to R, Close Lf Next to Rf, Step Rf to R
3, 4 BackLf Recover on to Rf
5 & 6 Step Lf to L, Close Rf Next to Lf, Step Lf to L
7, 8 Back Rf Recover on to Lf

(9-16) FORWARD SHUFFLE, 1/2 TURN R, BACK SHUFFLE, BACK ROCK

1 & 2 Step Rf Forward, Close Lf Next o Rf, Step Rf Forward
3 & 4 Turn 1/2 R, Lf Back, Step Rf over Lf, Step Lf Back
5, 6 Step Rf Rock Back, Recover Lf
7, 8 Step Rf Rock Back, Recover Lf

(17-24) KICK – KICK, COASTER STEP, (R – L)

1, 2 Kick Rf Forward, Kick Rf to R
3 & 4 Step Rf Back, Close Lf Next to Rf Forward
5, 6 Kick Lf Forward, Kick Lf to R
7 & 8 Step Lf Back, Close Lf Next to Lf Forward

(25-32) JAZZ BOX 1/4 TURN R, HIP BUMPS

1, 2 Cross Rf Over Lf, Step Lf Back making 1/4 Turn R
3, 4 Step Rf to R, Close Lf Next to Rf
5, 6 Push Hip to R-L
7, 8 Push Hip to R-L

TAG : ROCKING CHAIR

1, 2 Step Rf Forward, Recover on to Lf
3, 4 Step Rf Back, Recover on to Lf

ENDING : ON WALL 13, 8 COUNT

Happy Dancing!
Contact nefos.psi@gmail.com