

Sweet Bluebonnet Spring

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Phrased Improver
编舞者: Becky Hawthorne (USA) - August 2022
音乐: Gulf Coast Highway (with Willie Nelson) (2008 Remaster) - Emmylou Harris



Intro: 16 counts. Dance starts on the word "Highway"

Sequence: AB, ABB-, ABB-(ending)

Part A (verses), 32 counts:

Section 1: WALK, WALK, ROCKS, WALK, WALK, PRESS, 1/2 PIVOT, STEP

1, 2, 3 & 4 Forward walks R, L, Rock fwd R, Rock back L (&), Rock fwd R

5, 6 Forward walks L, R

7 & 8 Press LF, 1/2 Pivot to R keeping weight back on LF (&) (6:00), Step fwd RF

Section 2: FWD LOCK X 2, WALK, WALK, CROSS, 1/2 UNWIND

1 & 2, 3 & 4 Forward Lock L, R, L, Forward Lock R, L, R

5, 6 Forward walks L, R

7, 8 Cross LF over R, 1/2 Unwind--ending with weight back on LF (12:00)

Section 3: CROSS, SIDE, BEHIND, SIDE ROCK X 2,

1 & 2 Cross RF over L, Step LF to L side (&), Step RF behind LF

3, 4 Rock LF out to L side, Recover weight back to RF

5 & 6 Cross LF over R, Step RF to R side (&), Step LF behind RF

7, 8 Rock RF out to R side, Recover weight back to LF

Section 4: FWD ROCK, RECOVER, 1/2 SHUFFLE TURN X 2

1, 2, 3 & 4 Rock RF fwd, Recover weight back to LF, 1/2 Shuffle to right-R, L, R (6:00)

5, 6, 7 & 8 Rock LF fwd, Recover weight back to RF, 1/2 Shuffle to left-L, R, L (12:00)

Part B (chorus), 16 counts:

Section 1: NIGHTCLUB X 2, 1/8 RUN, RUN x 2, HITCH, STEP/SWEEP X 2

1, 2 & Step RF to R side, Rock LF behind R, Recover weight back to RF (&)

3, 4 & Step LF to L side, Rock RF behind L, Recover weight back to LF (&)

5 & 6 & 1/8 Run RF (1:30), Run LF (&), Run RF, Hitch L (&)

7, 8 Step LF back and sweep RF back, Step RF back and sweep LF back

Section 2: COASTER, 1/8 FWD STEP, 1/4 SWEEP/STEP, FWD ROCK, SIDE ROCK

1 & 2 Step LF back, Step RF next to LF (&), Step LF fwd

3, 4 1/8 Step RF fwd (3:00), 1/4 Sweep and Step LF (6:00)

5, 6, 7, 8 Rock RF fwd, Recover back on LF, Rock RF to R side, Recover back to LF

Part B-, 14 counts: (Both times Part B repeats the second Part B is only 14 counts.)

*1st time (instrumental section): Omit last 2 counts of Part B. Drag the RF in a bit on the count 6 recover before going into the forward walk on count 1 of Part A.

**2nd time (ending): Omit last 2 counts of Part B. Do a 1/2 pivot on count 5 to turn back to 12:00, transfer weight forward to LF, take another step forward on RF and hold.

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