

# The One

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Adeline Cheng (MY), Aprillia Munarwati (INA), Yulia P M (INA) & Happy Dancing Club (INA) - August 2022  
音乐: One Last Time - Ariana Grande



## Intro 16 counts

### SECTION 1 : BOTAFOGO, STEP FORWARD, TOUCH BESIDE, SAILOR ¼ L

1 & 2      Cross RF Over LF, Step LF To Side, Recover On RF  
3 & 4      Cross LF Over RF, Step RF To Side, Recover On LF  
5 – 6      Step RF Forward, Touch LF beside RF  
7 & 8      Turn ¼ L Cross LF Behind RF (facing 9.00), Step RF to side, Step LF to side

### SECTION 2 : V STEP ¼ TURN R, CROSS ¼ TURN R TOUCH SIDE, CROSS BEHIND TOUCH SIDE

1 – 2      Step RF Diagonal Forward, Step LF Diagonal Forward  
3 – 4      Turn ¼ R Step RF To Side (facing 12.00), Step LF Beside RF  
5 – 6      Turn ¼ R Step RF Over LF (facing 3.00), Touch LF to L Side  
7 – 8      Step Back LF behind RF, Touch RF to R Side

### SECTION 3 : SYNCOPATHED WEAVE L, CROSS ROCK RECOVER, SHUFFLE ¼ TURN R

1&2&      Cross RF Over LF, Step LF to Side, Cross RF Behind LF, Step LF to Side  
3&4&      Cross RF Over LF, Step LF to Side, Cross RF Behind LF, Step LF to Side  
5 – 6      Cross RF Over LF, Recover LF  
7 & 8      Step RF to Side, Step LF beside RF, Turn ¼ R Stepping RF Forward (facing 6.00)

### SECTION 4 : TRIPLE TURN ¾ L, DIAGONAL FORWARD TOUCH, DIAGONAL BACK TOUCH

1 – 2      Step LF Forward, Recover on RF  
3 & 4      Turn ½ Step LF Forward (facing 12.00), Step RF Beside LF, Turn ¼ L Step LF Forward (facing 9.00)  
5 – 6      Step RF Diagonal Forward, Touch LF Beside RF  
7 – 8      Step LF Diagonal Back, Touch RF beside LF

**NO TAG NO RESTART**

**HAVE FUN & ENJOY THE DANCE!!**

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