

# Nadion Paar

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Asbar Kaltim (INA) - August 2022  
音乐: Nadiyon Paar (Let the Music Play Again) - Sachin-Jigar, Rashmeet Kaur, Shamur & IP Singh



tag : wall 2 wall 5 & wall 8 by doing hip bump R/L/R/L 4 count  
restart : wall 4 after 16 count

## I. BOTAFOGO, ROCK BACK, IN PLACE

1a2            Cross Rf over Lf, Rock Lf to left side, Recover on Rf  
3a4            Cross Lf over Rf, Rock Rf to right side, Recover on Lf  
5&6            Rock back on Rf, Recover on Lf, Step Rf in place  
7&8            Rock back on Lf, Recover on Rf, Step Lf in place  
(5-8 : doing with bounce)

## II. ROCK SIDE, CROSS SHUFFLE, ROCK SIDE, BEHIND, SIDE, CROSS

1-2            Rock Rf to right side, Recover on Lf  
3&4            Cross Rf over Lf, Step Lf to left side Cross Rf over Lf  
5-6            Rock Lf to left side, Recover on Rf  
7&8            Cross Lf behind Rf, Step Rf to right side, Cross Lf over RF

## III. SAMBA WHISK, 1/4 TURN RIGHT, 1/2 TURN RIGHT VOLTA

1a2            Step Rf to right side, Rock Lf behind RF, Recover on Rf  
3a4            1/4 turn right Step Lf to left side, Rock Rf behind Lf, Recover on Lf  
5&6            1/8 Step Rf forward, Step Lf beside RF, 1/8 turn right step Rf forward, Step Lf beside Rf  
7&8            1/8 turn right step Rf forward, Step Lf beside Rf, 1/8 turn right step Rf forward

## IV. FORWARD, FULL SPIRAL TURN, FORWARD SHUFFLE, KICK FORWARD, BATUCADAS

1-2            Step Lf forward, Step Rf forward and make full spiral turn  
3&4            Step Lf forward, Step Rf beside Lf, Step Lf forward  
&5-6            Kick Rf forward, Step back on Rf and bump L hip, Step back on Lf and bump R hip  
7-8            Step back on Rf and bump L hip, Step Lf beside Rf