

# Reasons Why I Do

拍数: 64                      墙数: 2                      级数: Phrased Advanced  
编舞者: Debbie Rushton (UK) & Jean-Pierre Madge (CH) - August 2022  
音乐: 21 Reasons (feat. Ella Henderson) - Nathan Dawe



Sequences : A-A-B-A-A-B-A-A16 restart-B-B

## A: 32

### Walk, Walk, Walk, Chassé L, Rock, Sweep, Behind Side Cross

1-2-3                      Walk R,L,R (1,2,3) 12'  
4&5                      Step L forward (4), Step R next L (&), Step L forward (5),  
6-7                      Rock R forward (6), Recover on L and Sweep R (7),  
8&1                      Cross R behind L (8), Step L to L (&), Cross R over L (1)

### Hold, And Cross, Hold, And 1/4L Step, Pivot 1/2L, Step, Kick Ball Step Sweep

2                      Hold (2),  
&3-4                      Step L to L (&), Cross R behind L (3), Hold (4)  
&5-6                      1/4L Step L forward (&), Step R forward (5), Pivot 1/2L (6) 3'  
7-8&1                      Step R forward (7), Kick L forward (8), Step L next R (&), Step R forward and start sweeping  
L around (1)

### Cross, Chassé, Rock, Recover, 3/8L Turn

2-3                      Keep sweeping L around (2), Cross L over R with 1/8R (3) 4.30'  
4&5                      Step R forward (4), Step L next R (&), Step R forward (5)  
6-7-8                      Rock L forward (6), Recover on R (7), 3/8L Step L forward (8) 12'

### Turning Hip Rolls 1/4L x2, Jazz Box

1-2                      1/4L Step R to R (1), Cross L over R (2) 9'  
3-4                      1/4L Step R to R (3), Step L next to R (4) 6'

### Note : While rotating, Roll your hips anticlockwise from L to the back and R

5-6                      Cross R over L (5), Step L back (6)  
7-8                      Step R to R (7), Step L forward (8)

## B: 32

### Walk, Walk, Side Rock, Recover, Cross 1/8L , Bounce 1/4L, 1/4L Rock, Back Sweeps

1-2                      Walk L (1) , Walk R (2),  
&3-4                      Rock R to R (&), Recover on L (3), turn 1/8L and cross R over (4) 10.30'  
5-6                      Bounce heels 1/4L (5), Bounce heels 1/4L and Rock with L forward (6) 4.30'  
7-8                      Recover R back and Sweep L out (7), Step L back and Sweep R out (8)

### Behind Side Cross 1/8R, Side, Together, Point and Point and Heel, Flick

1&2                      Cross R behind L (1), 1/8R Step L to L (&), Cross R over L (2) 6'  
3-4                      Big Step L to L (3), Bring R next L (4)  
5&6&                      Point L to L (5), L next R (&), Point R to R (6), R next L (&),  
7-8                      L heel forward (7), Bring L next R and Flick R back (8)

Repeat first 16 counts to complete part B

Small A : Facing 6'

First section normal

Second section

Hold, And Cross, Hold, And 4 Walks 1/2L

2 Hold (2),  
&3-4 Step L to L (&), Cross R behind L (3), Hold (4)  
&5-6-7-8 Step L to L (&), 4 walks R,L,R,L doing 1/2L to face the front, shimmy your shoulders (5,6,7,8)  
ready to start part B

**Smile and start the dance again !**

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