

# Lost in a Country Song

COPPERKNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver / Intermediate  
编舞者: Marianne Langagne (FR) - August 2022  
音乐: Lost in the Middle - Catherine McGrath



**Intro : 16 Counts – Begin weight on LF, R Point Fwd**

**TAG: At the end of 2nd Wall (facing 6:00) and 4th Wall (facing 12:00)**

**[1 – 8] HOOK, VAUDEVILLE R-L & CROSS, HOLD & CROSS SHUFFLE,**

&                      Cross RF over L Leg  
1&2&                  Cross RF over LF, LF to the L, R Heel diagonally Fwd R, Together  
3&4&                  Cross LF over RF, RF to the R, L Heel diagonally Fwd L, Together  
5- 6                      Cross RF over LF, Hold (weight on RF)  
&7&8                      LF to the L, Cross RF over LF, LF to the L, Cross RF over LF

**[9 – 16] WALK L-R ON ½ TURN L, TRIPLE STEP WITH ½ TURN L, ROCK STEP, HEEL SWITCHES**

1-2                      LF Fwd in ¼ Turn to L (3:00) , RF Fwd in ¼ Turn to L (12:00)  
3&4                      LF Fwd in ¼ Turn to L, Together, LF Fwd in ¼ Turn to L (6:00)  
5-6                      RF Fwd, Recover on LF  
&7&8                      Together, L Heel Fwd, Together, R Heel Fwd

**Note : Make 3/4 circle on counts 9 to 12**

**DESCRIPTION : 32-32-TAG- 32-32-TAG-32-32-21- Finish : RF Back, Cross L Point in front of RF**

**\*\*\*\*\* Begin weight on LF, R Point Fwd \*\*\*\*\***

**S1: HOOK, TRIPLE FWD, STEP ½ TURN R, STEP FWD, ½ TURN L X 2 , KICK BALL POINT L TO L**

&                      Cross RF over L Leg  
1 & 2                      RF Fwd, Together, RF Fwd  
3 & 4                      LF Fwd, ½ Turn to the R (weight on RF), LF Fwd (6:00)  
5-6                      RF Back in ½ Turn to L (12:00) , LF Fwd in ½ Turn to L (6:00)  
7&8                      Kick RF Fwd, RF next to LF, L Point to the L

**S2: SWAY L- R , BEHIND SIDE CROSS, SIDE, TOUCH, SIDE, TOUCH, COASTER STEP**

1-2                      LF to the L Sway to the L, Sway to the R (weight on RF)  
3&4                      Cross LF behind RF, RF to the R, Cross LF over RF  
5&                      RF to the R, Touch LF next to RF  
6&                      LF to the L, Touch RF next to LF  
7&8                      RF Back, Together, RF Fwd

**S3: STEP ½ TURN R, BACK TRIPLE ON ½ TURN R, SIDE ROCK CROSS R- L**

1-2                      LF Fwd, ½ Turn to R (weight on RF) (12:00)  
3&4                      LF Back in ½ Turn to R (6:00) ,Together, LF Back  
5&6                      RF to the R in ¼ Turn to R (9:00), Recover on LF, Cross RF over LF  
7&8                      LF to the L, Recover on RF, Cross LF over RF

**S4: CROSS, BACK, TRIPLE ON ½ TURN R, FLICK, BRUSH, STEP FWD , TOUCH BEHIND & KICK, BACK, KICK**

1 – 2                      Cross RF over LF, LF Back  
3&4                      RF to the R in ¼ Turn to R, Together, RF Fwd in ¼ Turn to R (3 :00)  
& 5                      Flick LF, Brush LF Back to Front  
& 6                      LF Fwd, R Point behind LF  
&                      Pose RF  
7 & 8                      Kick LF Fwd, LF Back, Kick RF Fwd

ENJOY !!!

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