

Get With You Next

拍数: 64 墙数: 4 级数: Improver
编舞者: Susanne Flynn (USA) - June 2022
音乐: Next (Bruno Martini Remix) - Olivia Holt & Bruno Martini



#32 count intro – No tags or Restarts

Lindy R / Kick Ball Change 2x L

1&2 Step R to R side, Step L next to R, Step R to R
3 4 Step L behind R Recover weight on R
5&6 Kick L foot forward, step back on L (&) step down on R
7&8 Kick L foot forward, step back on L (&) step down on R

Lindy L / Kick Ball Change 2x R

1&2 Step L to L side, Step R next to L, Step L to L
3 4 Step R behind L, Recover weight on L
5&6 Kick R foot forward, step back on R (&) step down on L
7&8 Kick R foot forward, step back on R (&) step down on L

Heel Grind R / Coaster Step – Repeat on L

1 2 Touch R heel F, twisting R toe from L to R
3&4 Step back R, step L next to R, step F on R
5 6 Touch L heel F, twisting L toe from R to L
7&8 Step back L, step R next to L, step F on L

Wizard R-L / Jazz Box ¼ turn R (3:00)

1 2& Step R diag F, Step L behind R, Step F on R
3 4& Step L diag F, Step R behind L, Step F on L
5-8 Cross R over L ¼ turn R, Step L back, Step R to Side, Step L next to R

Heel Jacks R-L

1 2 Step R to R, Cross L behind R
&3&4 Step R to R(&), Touch L heel Forward(3), Step L next to R(&), Cross R over L(4)
5 6 Step L to L, Cross R behind L
&7&8 Step L to L(&), Touch R heel Forward(7), Step R next to L(&), Cross L over R(8)

V Step / Mambo R-L

1 2 Step R forward to R diagonal, Step L forward to L diagonal
3 4 Step R back to place, Step L back to place
5&6 Rock R to R side / recover back on L / step R next to L
7&8 Rock L to L side / recover back on R / step L next to R

Rock B Cha Turn (9:00) / Rock B Cha Turn (3:00)

1 2 Rock B on R, Recover on L
3&4 Shuffle ½ turn to L (RLR) (9:00)
5 6 Rock B on L, Recover on R
7&8 Shuffle ½ turn to R (LRL)

Knee Pop Pony B – 2x / Rock B Rec / 2 step full turn or walk walk (3:00)

1&2 Step B on R popping L knee up, Recover on L, Step B on R
3&4 Step B on L popping R knee up, Recover on R, Step B on L
5 6 Step B on R, Recover on L

7 8

Step $\frac{1}{2}$ turn to L, Step $\frac{1}{2}$ turn to L (3:00) or walk walk

Contact: sflyn32949@gmail.com
