

Heads Carolina

拍数: 32 墙数: 4 级数: Beginner
编舞者: Feargal Keegan (IRE) - August 2022
音乐: She Had Me At Heads Carolina - Cole Swindell



Intro: 16 counts - No tags or restarts!

Section 1: Side, Behind, Side, Touch, 1¼ turn with Shuffle forward

1, 2 Step R to R side, step L behind R
3, 4 Step R to R side, touch L beside R
5, 6 ¼ left stepping L forward, ½ turn stepping R back
7&8 Shuffle ½ turn L-R-L (9 o'clock)

Section 2: R Kick & point, L Kick & point, R sailor step, L heel grind ¼ turn

1&2 Kick R forward, step R beside L, touch L toe to L side
3&4 Kick L forward, step L beside R, touch R toe to R side
5&6 Step R behind L, step L in place, step R to R side
7, 8 L heel grind turning ¼ over L shoulder, step R in place (6 o'clock)

Section 3: Step, Touch, Walks back, Back rock, Shuffle forward

1, 2 Step L to L side, touch R beside L
3, 4 Step R back, step L back
5, 6 Rock R back, recover
7&8 Shuffle forward R-L-R (6 o'clock)

Section 4: ¼ Jazz box, Touch, Hip sways

1, 2 Cross L over R, step R back turning ¼ over L shoulder
3, 4 Step L to L side, touch R beside L
5, 6 Step R to R side bumping hip R, hip L
7, 8 Hip R, hip L (3 o'clock)

Last Update: 16 Jan 2023
