

Vertigo

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dustin Valcalda (USA) - July 2022
音乐: You Spin Me Round (Like a Record) (Radio Edit) - S.Tandy & Marc Korn



Intro: 16 Counts / 0 Tags / 0 Restarts

Weight Starts Right Foot

[1-8] L Cross Rock w/ 1/8 turn R, L Triple Step w/ 3/8 turn L, 1/2 Pivot L, 1/2 Pivot L

1-2 Cross LF over RF w/ 1/8 turn R, Recover weight onto RF (1:30)
3&4 Step LF to L w/ 1/8 turn L, Step RF next to LF w/ 1/8 turn L, Step LF to L w/ 1/8 turn L (9:00)
5-6 Step RF forward, Pivot 1/2 over L shoulder (3:00)
7-8 Step RF forward, Pivot 1/2 over L shoulder (9:00)

SUBSTITUTION NOTE: 1/2 Half Pivot Turns can be substituted with Right Rocking Chair

[9-16] R Cross Heel Grind, R Behind, L Side, R Cross, L Side Rock w/ 1/4 turn L, L Triple Step Back w/ 1/2 Turn L

1-2 Cross RF heel over LF w/ 1/8 turn L, Step LF to L while grinding RF heel w/ 1/4 turn R (10:30)
3&4 Step RF behind LF w/ 1/8 turn L, Step LF to L, Cross RF over LF (9:00)
5-6 Step LF to L, Recover weight onto RF while turning 1/4 L (6:00)
7&8 Step LF back w/ 1/4 turn L, step RF next to LF, Step LF to L w/ 1/4 turn L (12:00)

STYLING NOTE: During cross heel grind, accentuate step by lifting R toe as high as possible by end of grind

[17-24] R Triple Step, LF Touches Forward & Back, L Rock Step, Reverse Triple Full Turn

1&2 Step RF forward, Step LF next to RF, Step RF forward (12:00)
3-4 Touch LF forward, Touch LF back (12:00)
5-6 Step LF forward, Recover weight onto RF (12:00)
7&8 Full turn over L shoulder while tripling in place, L, R, L (12:00)

SUBSTITUTION NOTE: Reverse Triple Full Turn can be substituted with a Back Left Coaster Step

[25-32] R Rock Step, R Triple Step Back w/ 1/2 Turn, Skate Box w/ 7/8 Turn

1-2 Step RF forward, Recover weight onto LF (12:00)
3&4 Step RF back w/ 1/4 turn R, step LF next to RF, step RF to R w/ 1/4 turn R (6:00)
5-6 Step LF diagonal L w/ 1/4 turn R, Step RF diagonal R w/ 1/4 turn R (12:00)
7-8 Step LF diagonal L w/ 1/4 turn R, Step RF slightly R w/ 1/8 turn R (3:00)

OPTIONAL STYLING: On Walls 2 and 8, counts 27-32 (3-8 of section 4) can be replaced w/ a slower (1 & 1/4 turn) skate box over R shoulder to match musicality as lyrics say "And no one else will do".

3-4 Step RF back w/ 1/2 Turn R
5-6 Step LF to L w/ 1/4 Turn R
7-8 Step RF to R w/ 1/2 Turn R

Special thanks to Kylie G. for her insight and help!

Last Update: 8 Nov 2022