# My People

级数: Beginner



拍数: 32

编舞者: Diana Oglesby (USA) - August 2022

墙数: 4

音乐: My Tribe - Blessing Offor

Intro: 8 Counts. This is a very quick start. The dance starts on the first bass note which is 2 counts before the vocals.

## No Tags, No Restarts

### S1 (1-8) ROCK R SIDE, RECOVER, R COASTER, ROCK L SIDE, RECOVER, L COASTER

- 1-2 Rock R side (1) recover to L (2)
- 3&4 Step R back (3), step L together (&), step R forward (4)
- 5-8 Rock L side (5), recover to R (6)
- 7&8 Step L back (7) step R together (&), step L forward (8)

# S2 (9-16) Turn 1/8 R and ROCK R BACK, RECOVER, KICK R, R TOGETHER, TURN 3/8 L, R SIDE, KICK L, L TOGETHER

- 1-4 Turn 1/8 R and rock R back (1:30) (1), recover to L (2), kick R forward (low kick) (3), step R together (4)
- 5-8 Turn 3/8 L and step L forward (9:00) (5), step R side (6), kick L forward (low kick) (7), step L together (8)

#### S3 (17-24) STEP-TOUCH R-L, ¼ L PADDLE TURNS X2

- 1-4 Step R diagonally forward (1), touch L together (2), step L diagonally back (3), touch R together (4)
- 5-8 Step R forward (5), turn ¼ L (shift weight to L) (6), step R forward (7), turn ¼ L (shift weight to L (8) (3:00)

### S4 (25-32) R-L TOE-HEEL STRUTS, R SIDE, L HEEL, L SIDE, R HEEL

- 1-4 Touch R toe forward (1), lower R heel (2), touch L toe forward (3), lower L heel (4)
- 5-8 Step R side (with a slight dip) (5), touch L heel forward (straighten) (6), step L side (with a slight dip) (7), touch R heel forward (straighten) (8)

#### REPEAT

Ending with a step change: The dance ends at the end of wall 11. During wall 11, S4, you will be facing 9:00. In order to end the dance facing the beginning wall, please turn 1/4 R, do the toe-heel struts and finish the last 4 counts as written.

Contact: d2linedance@gmail.com

Last Update: 7 Jul 2024