

Make The Call

拍数: 174 墙数: 1 级数: Phrased Advanced - Novelty
编舞者: Adam Åstmar (SWE) - July 2022
音乐: Call Me - Gabry Ponte, R3HAB & Timmy Trumpet



Intro: 56 counts from first vocal (24 count from clear beat), approx. 25 seconds, starting on the first hard drumbeat.

Sequence: A – B – a(56) – A – C – a(Section 2-8) – Ending

This dance placed 2nd in the World Dance Masters (WDM) 2022 Advanced Non-Country Choreography Competition. A placement I didn't expect to receive! Thank you ever so much for all the support it received and I wish all of you best of luck and lots of fun with this one! :)

A – 1: Dorothy Step. Dorothy Step. Jazz Box Cross.

1 – 2 & Diagonally step forward on RF (1). Lock LF behind RF (2). Diagonally step forward on RF (&).
3 – 4 & Diagonally step forward on LF (3). Lock RF behind LF (4). Diagonally step forward on LF (&).
5 – 6 Cross RF over LF (5). Step back on LF (6).
7 – 8 Step right on RF (7). Cross LF over RF (8).

A – 2: Side. Sailor Heel. Hold. Ball-Cross. ¼. Step ½ Turn.

1 – 2 & Step right on RF (1). Step LF behind RF (2). Slightly step right on RF (&).
3 – 4 & Touch L heel diagonally forward (3). Hold (4). Ball Step LF next to RF squaring up to 12 o'clock (&).
5 – 6 Cross RF over LF (5). Turn ¼ left stepping forward on LF (6). {9:00}
7 – 8 Step forward on RF (7). Turn ½ left placing weight on LF (8). {3:00}

A – 3: Rock Forward. Ball. Heel & Heel. Ball. Rock Forward. ¼ Chasse.

1 – 2 Rock forward on RF (1). Recover on LF (2).
& 3 & 4 Ball step RF next to LF (&). Touch L heel forward (3). Ball step LF next to RF (&). Touch R heel forward (4).
& 5 – 6 Ball step RF next to LF (&). Rock forward on LF (5). Recover on RF (6).
7 & 8 Turn ¼ left making a chasse left stepping LF, RF, LF (7 & 8) {12:00}

A – 4: Cross Rock. Ball. Cross. Side. Full Box Turn Left.

1 – 2 Cross rock RF over LF (1). Recover on LF (2).
& 3 – 4 Ball Step slightly to the side on RF (&). Cross LF over RF (3). Step right on RF (4).
5 – 6 Turn ¼ left stepping left on LF (5). Turn ¼ left stepping right on RF (6). {6:00}
7 – 8 Turn ¼ left stepping left on LF (7). Turn ¼ left stepping right on RF (8). {12:00}

A – 5: Ball. Side Rock. Ball. Side Rock. Ball. Rock Forward. ½. ¼.

& 1 – 2 Ball step LF next to RF (&). Rock right on RF (1). Recover on LF (2).
& 3 – 4 Ball step RF next to LF (&). Rock left on LF (3). Recover on RF (4).
& 5 – 6 Ball step LF next to RF (&). Rock forward on RF (5). Recover on LF (6).
7 – 8 Turn ½ right stepping forward on RF (7). Turn ¼ right stepping left on LF (8). {9:00}

A – 6: 1/8 Back. Touch Across. Step. ¼. Back. Coaster Step. Step.

1 – 2 Turn 1/8 right stepping back on RF (1). Touch LF across RF (2). {10:30}
3 – 4 Step forward on LF (3). Turn ¼ left stepping back on RF (4). {7:30}
5 – 6 & Step back on LF (5). Step back on RF (6) Close LF next to RF (&).
7 – 8 Step forward on RF (7). Step forward on LF (8).

A – 7: 1/8 Stomp Side. Hold. Ball. Cross. Side. Rock Back. Step ½ Turn.

- 1 – 2 Turn 1/8 left stomping right on RF (1). Hold (2). {6:00}
- & 3 – 4 Ball step LF next to RF (&). Cross RF over LF (3). Step left on LF (4).
- 5 – 6 Rock back on RF (5). Recover on LF (6).
- 7 – 8 Step forward on RF (7). Turn ½ left placing weight on LF (8). {12:00}

A – 8: Big Step Forward with drag. Out, Out. Hold. Ball. Jazz Box.

- 1 – 2 Take a big step forward on RF dragging LF towards RF (1). Finish dragging LF (2).
- & 3 – 4 Step diagonally out left on LF (&). Step diagonally out right on RF (3). Hold (4).
- & 5 – 6 Ball step LF next to RF (&). Cross RF over LF (5). Step back on LF (6).
- 7 – 8 Step right on RF (7). Step forward on LF (8).

B – 1: Side Rock. Ball. Side Rock. Ball. Step ½ Turn. Skate. Skate.

- 1 – 2 & Rock right on RF (1). Recover on LF (2). Ball step RF next to LF (&).
- 3 – 4 & Rock left on LF (3). Recover on RF (4). Ball step LF next to RF (&).
- 5 – 6 Step forward on RF (5). Turn ½ left on LF (6). {6:00}
- 7 – 8 Slide to right diagonal on RF (7). Slide to left diagonal on LF (8).

B – 2: Diagonal Step with Flick. Hold x2. Jazz Box. Step ½ Turn.

- 1 – 2 Step to right diagonal on RF slowly starting flicking LF back (1). Keep weight on RF and keep lifting LF (2).
- 3 – 4 Keep weight on RF and LF in the air (3). Cross LF over RF (4).
- 5 – 6 Step back on RF (5). Step left on LF (6).
- 7 – 8 Step forward on RF (7). Turn ½ left placing weight on LF (8). {12:00}

C – 1: Side Rock. Ball. Side Rock. Ball. Step ½ Turn. Skate. Skate.

- 1 – 2 & Rock right on RF (1). Recover on LF (2). Ball step RF next to LF (&).
- 3 – 4 & Rock left on LF (3). Recover on RF (4). Ball step LF next to RF (&).
- 5 – 6 Step forward on RF (5). Turn ½ left on LF (6). {6:00}
- 7 – 8 Slide to right diagonal on RF (7). Slide to left diagonal on LF (8).

C – 2: Sway Right. Sway Left. Sway Right. Sailor ¼ and start arm movement.

- 1 – 2 Step right on RF swaying body right over 2 counts (1, 2).
- 3 – 4 Sway body left over 2 counts (3, 4).
- 5 – 6 Sway body right over 2 counts (5, 6).
- 7 – 8 Step LF behind RF (7). Turn ¼ left stepping RF in place (8). {3:00}
- 1 Step forward on LF crossing R arm in front of L arm, palms facing out to sides (1).

C – 3: Continue Arm Movement. Step. Hold. ½ Turn. Hold.

- 2 In a smooth motion, move R hand to R shoulder and L hand to L shoulder, uncrossing arms (2).
- 3 – 4 In a smooth motion, drop both arms down next to body (3).
- 5 – 6 Step forward on RF (5). Hold (6).
- 7 – 8 Turn ½ left placing weight on LF (7). Hold (8). {9:00}

C – 4: Sway Right. Sway Left. Sway Right. Sailor ¼ and start arm movement.

- 1 – 2 Step right on RF swaying body right over 2 counts (1, 2).
- 3 – 4 Sway body left over 2 counts (3, 4).
- 5 – 6 Sway body right over 2 counts (5, 6).
- 7 – 8 Step LF behind RF (7). Turn ¼ left stepping RF in place (8). {6:00}
- 1 Step forward on LF crossing R arm in front of L arm, palms facing out to sides (1).

C – 5: Continue Arm Movement. Hold. Step ½ Turn.

- 2 In a smooth motion, move R hand to R shoulder and L hand to L shoulder, uncrossing arms (2).
- 3 – 4 In a smooth motion, drop both arms down next to body (3).

- 5 – 6 Step forward on RF (5). Hold (6).
7 – 8 Turn ½ left placing weight on LF (7). Hold (8). {12:00}

C – 6: Sway Right. Sway Left. Sway Right. Sailor ¼ and start arm movement.

- 1 – 2 Step right on RF swaying body right over 2 counts (1, 2).
3 – 4 Sway body left over 2 counts (3, 4).
5 – 6 Sway body right over 2 counts (5, 6).
7 – 8 Step LF behind RF (7). Turn ¼ left stepping RF in place (8). {9:00}
1 Step forward on LF crossing R arm in front of L arm, palms facing out to sides (1).

C – 7: Continue Arm Movement. Hold. Step ½ Turn.

- 2 In a smooth motion, move R hand to R shoulder and L hand to L shoulder, uncrossing arms (2).
3 – 4 In a smooth motion, drop both arms down next to body (3).
5 – 6 Step forward on RF (5). Hold (6).
7 – 8 Turn ½ left placing weight on LF (7). Hold (8). {3:00}

C – 8: ¼ Side & Arm Movements.

- 1 – 2 Turn ¼ left stepping right on RF bringing L arm in front of your chest and pointing R index finger on left wrist, as if pointing at your watch (1). {12:00} Hold the position (2).
3 – 4 Move R hand out right and to waist height, palm facing down and fingers pointing forward (3). Hold the position (4).
5 – 6 Move L hand out left and to waist height, palm facing up and fingers pointing forward while also turning R hand to make palm facing up (5). Hold the position (6).
7 – 8 Lift both hands slowly up in the air (7). Keep lifting hands (8).

C – 9: Continue Arm Movements for 2 Counts. Rocking Chair.

- 1 – 2 Keep lifting hands for 2 counts (1, 2).
3 – 4 Drop hands and rock forward on RF (3). Recover on LF (4).
5 – 6 Rock back on RF (5). Recover on LF (6).

Note! This section is only 6 counts to fit the music!

C – 10: Side & Arm Movements.

- 1 – 2 Step right on RF bringing L arm in front of your chest and pointing R index finger on left wrist, as if pointing at your watch (1). Hold the position (2).
3 – 4 Move R hand out right and to waist height, palm facing down and fingers pointing forward (3). Hold the position (4).
5 – 6 Move L hand out left and to waist height, palm facing up and fingers pointing forward while also turning R hand to make palm facing up (5). Hold the position (6).
7 – 8 Lift both hands slowly up in the air (7). Keep lifting hands and place weight on LF (8).

C – 11: Jazz Box Cross. Run Around Full Circle Right.

- 1 – 2 Drop hands and cross RF over LF (1). Step back on LF (2).
3 – 4 Step right on RF (3). Cross LF over RF (4).
5 & 6 & Start running in a full circle right stepping R, L, R, L (5 & 6 &).
7 & 8 & Continue running in a full circle R, L, R, L (7 & 8 &).

C – 12: Side & Arm Movements.

- 1 – 2 Step right on RF and place R hand to R ear making the phone sign (1). Hold the position (2).
3 – 4 Keep holding the call position (3). Bring R hand down and cross L hand in front of chest with fingers pointing to right (4).
5 – 6 Bring L hand down to waist height and move the hand from right to left over 2 counts (5, 6).
7 – 8 Swing both arms to right (7). Swing both arms to left (8).

Ending: Step to the right on RF and bring R hand to R ear making the phone sign.

Have fun!

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