

Gold

拍数: 32 墙数: 4 级数: Beginner
编舞者: Claire Bell (UK) - August 2022
音乐: Gold - Dierks Bentley : (Single)



#16 count intro from heavy beat (approx. 9 seconds)
(1 restart wall 3, 1 tag end of wall 9)

Section 1: Syncopated weave, touch, full turn left (or grapevine)

1,2&3,4 Step R to R side, cross L behind R, step R to R side, cross L over R, step R to R side
5 Touch L next to right slightly behind R
6,7,8 Turn ¼ left stepping forward on L, turn ½ turn left stepping back on R, turn ¼ turn left
stepping L to L side (Easy option- step L to L side, cross R behind L, step L to L side)

Section 2: Cross rock, side rock, jazz box ¼ turn R, cross

1,2 Cross rock R over L, recover weight on L
3,4 Rock R to R side, recover weight on L
5,6 Cross R over L, step back on L
7,8 Turn ¼ turn R stepping R to R side, cross L in front of R (3.00)

***Restart here during wall 3 (facing 9.00)**

Section 3: Side, hold, ball cross, side, behind, side, cross rock

1,2 Big step on R to R side, hold
&3,4 Step L next to R, cross R over L, step L to L side
5,6 Cross R behind L, step L to L side
7,8 Cross rock R over L, recover weight on L

Section 4: ¼ Shuffle, ¼ shuffle, back rock, kickball cross

1&2 Step R to R side, step L next to R, turn ¼ R stepping forward on R
3&4 Turn ¼ R stepping L to L side, step R next to L, step L to L side
5,6 Rock back on R, recover weight on L
7&8 Kick R forward, step R next to L, cross L over R (9.00)

***Restart on wall 3 after 16 counts**

***Tag end of wall 9 (facing 3.00)**

Tag Hip bumps, R,L,R,L

1,2,3,4 Step right to right side bumping hips R, bump hips L,R, L (weight on L)

Ending: Dance 16 counts of wall 10 and unwind ½ turn R to the front

Note: I would like to thank Maddison Glover for her invaluable advice ☐