

# BELLA Easy 2022

COPPER KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Wiwik Katarina (INA) - August 2022  
音乐: Bella - Maître Gims



The dance start on main vocal - No Tag No Restart

## I. SIDE MAMBO R – L, FWD MAMBO R, BACK MAMBO L

1 & 2      Step RF to side (1), Recover on LF (&), RF together (2)  
3 & 4      Step LF to side (3), Recover on RF (&), LF together (4)  
5 & 6      Step RF fwd (5), recover on LF (&), RF back(6)  
6 & 8      Step LF back (7), recover on RF (&), LF fwd (8)

## II. FWD SHUFFLE, ROCK RECOVER, BACK 3X WITH FAN TOE, TOGETHER

1 & 2      Step RF fwd (1), LF together (&), step RF fwd (2)  
3 4      Rock LF fwd (3), recover on RF (4)  
4 - 8      Step back L-R-L with fan your toe from in to out side (5, 6,7), RF together(8)

# you can do on your own style or shoulder shimmy here

## III. SIDE MAMBO L-R, FWD MAMBO L, BACK MAMBO R

1 & 2      Step LF to side (1), recover on RF (&), LF together (2)  
3 & 4      Step RF to side (3), recover on LF (&), RF together (4)  
4 & 6      Step LF fwd (5), recover on RF (&), LF back (6)  
7 & 8      Step RF back (7) recover on LF (&) RF fwd (8)

## IV. FWD SHUFFLE, ROCK RECOVER, 3/4 R WALK FWD, TOGETHER

1 & 2      Step LF fwd (1), RF together (&), LF fwd (2)  
3 4      Rock RF fwd(3), recover on LF (4)  
5 – 8      1/4 R walk RF fwd(5), 1/4 R walk LF fwd (6), 1/4 R walk RF fwd(7), LF together (8) facing 9:00

Enjoy the dance

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