

Run Like Fire

拍数: 32 墙数: 4 级数: Improver
编舞者: Anna-Maria Mejlon (SWE) - August 2022
音乐: Kilimanjaro - Alexandra Joner



Intro: 24 counts

Samba step, samba step, V step (when you step out, out - do it with your heels)

1&2 cross R over L, step L to L side, recover on to R
3&4 cross L over R, step R to R side, recover on to L
5-6 step out with R heel to R diagonal, step out with L heel to L diagonal
7-8 step back with R, step together with L

Point touch point hold, behind side cross, point touch point hold, behind turn ¼ step

1&2& point R toe to R side, touch R next to L, point R toe to R side, hold
3&4 step R behind L, step L to L side, cross R over L
5&6& point L toe to L side, touch L next to R, point L toe to L side, hold
7&8 step L behind R, step ¼ to the right with R foot, step fwd on L

Heel and heel and walk walk, heel and heel and toe unwind ½

1&2& R heel fwd, step R foot next to L, L heel fwd, step L next to R
3-4 walk fwd on R, walk fwd on L
5&6& R heel fwd, step R foot next to L, L heel fwd, step L next to R
7-8 R toe behind L, turn ½ to the right

Shuffle fwd, step turn ½, mambo step, coaster step

1&2 step fwd on L, step together with R, step fwd on L
3-4 step fwd on R, turn ½ to the left
5&6 step fwd on R, recover on to L, step back on R
7&8 step back on L, step together with R step fwd on L

No tags. No restarts.

Just enjoy the dance! :)
