

I Still Stay

拍数: 32 墙数: 4 级数: Improver
编舞者: Ivan Rundgren (SWE) - August 2022
音乐: July - Noah Cyrus



Intro: 16 C NO tag, TWO restart, wall 2 and 4

Sec. 1 Sweeping step back R L R – Sailor step – Toe touch – Heel drops – Pivot 1/2 turn R

1 – 3 Sweep and step R behind L (1) sweep and step L behind R (2) sweep and step R behind L (3)
4 & 5 Sweep L and step behind R (4) step R to R side (&) step L diagonally fwd left (5)
6 – 7 Touch R toe fwd R and drop heel (6) drop heel again (7)
8 & Step fwd L (8) pivot 1/2 turn R (&)

Sec. 2 Step fwd – Step side – Step fwd – Shuffle fwd – Rock step – Step

1 – 3 Step fwd L (1) Step R to R side (2) step fwd L (3)
4 & 5 Step fwd R (4) step L in to R instep (&) Step fwd L (5)
6 – 7 Step L to L side (6) Recover to R (6)
8 Cross L over R L (8)

Sec. 3 Basic NC R and L – Cross rock step – Pivot 1/4 turn L

1 – 2 & Large step R to R (1) step L behind R (2) recover on R (&)
3 – 4 & Large step L to L (3) step R behind L (4) recover on L (&)
5 – 6 Step R to R side (5) cross L over R (6)
7 – 8 Recover on R (7) 1/4 turn L stepping fwd L (8)

Sec. 4 Pivot 1/2 turn R – Step – Step side, together, step fwd L and R – Step

1 – 3 Step fwd R (1) pivot 1/2 turn L (2) step fwd R (3) Restart during wall 2 and 4 after count (2)
4 & 5 Step L to L side (4), step R next to L (&) step fwd L (5)
6 & 7 Step R to R side (6), step L next to R (&) step fwd R (7)
8 Step fwd L (8)

Shuffle option sec. 2, triple turn fwd

Restart during wall 2 facing (6:00) and 4 facing (12:00); dance 26 count and restart (after count (2) of section 4)

Hand styling is optional :)

Sec 3 count 6: starch your hands fwd and down; Count 7: put your hands on your chest L hand under R hand; (LOVE).

Start over!

Have fun & happy dancing, hugs from Sweden :)

Contact: ivan.rundgren@gmail.com

Remember to vote for favourite dances if You like it!

Last Update: 13 Aug 2022