

# Una Natalie

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver / Intermediate  
编舞者: Helaine Norman (USA) - August 2022  
音乐: Solamente una Vez - Natalie Cole



No tags or restarts.

## I. NIGHTCLUB; CHASSE, CROSS ROCK, RECOVER

1-2            Step R side, hold  
3-4            Rock L behind, recover to R  
5&6           Step L side, step R together, step L together  
7-8            Rock R over, recover to L

## II. ¼ R TURN CHASSE; ½ PIVOT R TURN; 1/4 R CHASSE TURN, ROCK RECOVER

1&2           Step R side, step L together, making 1/4 turn right step R    3:00  
3-4           Step L forward, making 1/2 turn right, weight to R    9:00  
5&6           Making (sharp) 1/4 turn right - step L side, step R together, step L side 12:00  
7-8           Rock R over, recover to L

## III. ¼ L TURN NIGHTCLUB; ¼ R TURN HOLD, CROSS ROCK RECOVER

1-2           Making (sharp) ¼ turn left, step R side, hold 9:00  
3-4           Rock L back, recover to R  
5-6           Making (sharp) ¼ turn right, step L side, hold 12:00  
7-8           Rock R over, recover to L

Optional for 1-8: Do not make 1/4 turns. Stay at 12:00 to do two nightclubs.

## IV. SIDE ROCK RECOVER, CROSS, SIDE, BEHIND; ¼ L TURN, ½ L PIVOT TURN

1-2-3          Rock R side, recover to L, step R over  
4-5           Step L side, step R behind  
6               Making ¼ turn left, step L 9:00  
7-8           Making ½ turn left, step R forward, weight to L 3:00

Hint: Think last section of Come Dance With Me

REPEAT

END at 12:00: Will be facing 6:00. On counts 7-8, making ¼ turn left, step R side, touch L together for pose.

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Last Update: 3 Sep 2022