

Save Your Tears

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Save Your Tears (Remix) - The Weeknd & Ariana Grande



Count in: 32 counts

Intro: 16 counts – bpm: 120

Sequence: AAA- BB AAA BB A B to the end

Part A (32 counts)

S1: Step Right, Together, Shuffle Forward, Rock, Recover, ¼ Turn Shuffle

1-2 Step right to right side, bring left next to right
3&4 Step forward on right foot, step left next to right, step forward on right foot
5-6 Rock forward on left foot, recover weight back on right foot
7&8 Pivot ¼ turn left stepping left foot to left side, step right foot next to left, step left foot to left side

S2: Cross, 1/4 Back, Coaster Step, Lock Shuffle, ½ Turn

1-2 Cross step right over left, pivot ¼ turn right stepping back on left foot
3&4 Step back on right foot, step left foot next to right, step forward on right foot
5&6 Step forward on left foot, step right foot next to left, step forward on left foot
7-8 Step forward on right foot, pivot ½ turn left

S3: Step, Point, Step, Point, Sailor Step, Touch, ½ Unwind

1-2 Step forward on right foot, point left foot to left side
3-4 Step forward on left foot, point right toe to right side
5&6 Step right foot behind left, step left foot to left side, step right foot forward
7-8 Touch left toe behind right foot, pivot ½ turn left (unwind)

S4: Rock, Recover, Crossing Shuffle, ¼ Turn, ¼ Turn, ¼ Turn, Touch

1-2 Rock right foot to right side, recover weight on left
3&4 Cross step right over left, step left foot to left side, cross step right over left foot
5-6 Pivot ¼ turn right stepping back on left foot, pivot ¼ turn right stepping right foot to right side
7-8 Step forward on left foot, pivot ¼ turn right, touching right toe next to left foot

Part B (16 counts)

S1: Step, Sweep, Step, Sweep, Rock, Recover, ½ Turn Shuffle

1-2 Step forward on right foot, sweep left foot from back to front
3-4 Step forward on left foot, sweep right foot from back to front
5-6 Rock forward on right foot, recover weight back on left foot
7&8 Pivot ¼ turn right stepping right foot to right side, step left foot next to right, pivot ¼ turn right stepping forward on right foot

S2: Step, ½ Turn, Lock Step, ½ Turn, ¾ Spiral Turn

1-2 Step forward on left foot, pivot ½ turn right
3&4 Step forward on left foot, lock step right behind left, step forward on left foot
5-6 Step forward on right foot, pivot ½ turn left
7-8 Pivot ¾ turn by touching right toe across the left foot, and spiral turn (weight ends on left foot)