

Keep Watch

拍数: 32 墙数: 4 级数: Improver
编舞者: Silvia Schill (DE) - August 2022
音乐: Stand The Watch - Brandon Davis



The dance begins after 32 beats with the vocals

S1: Side-touch-side-touch-coaster step, step, pivot ¼ r, cross, hold

1& Step right with right and touch LF next to right
2& Step left with left and touch RF next to left
3&4 Step back with right - move LF next to right and small step forward with right
5-6 Step forward with left - ¼ turn right around on both balls, weight at the end on right (3 o'clock)
7-8 Cross LF over right - hold

Restart: In the 6th round - towards 9 o'clock - stop here and start again from the beginning

Tag/Restart: In the 9th round - towards 6 o'clock - break off after '5-6', 'move LF next to right/arms up and count

1,2,3,4 very loudly, snapping 4 times' and then start again.

S2: Stomp side, hold, behind-side-cross, heel grind turning ¼ r, rock back

1-2 RF stomp right - hold
3&4 Cross LF behind right - step right with right and cross LF over right
5-6 Step forward with right, only put the heel on (toe pointing left) - ¼ turn right around and step back with left (turn right toe to the right) (6 o'clock)
7-8 Step back with right - weight back on LF

Restart: In the 4th round - towards 3 o'clock - stop here and start again from the beginning

S3: Touch & heel & step-heels swivel, ½ turn l, ½ turn l, shuffle back

1& Touch right toe next to the LF and move RF next to left
2& Touch left heel slightly forward and move LF next to right
3&4 Step forward with right - turn both heels to the right and back again (weight at the end left)
5-6 ½ turn left around and step back with right - ½ turn left around and step back with left (3 o'clock)
7&8 Step back with right - move LF next to right and step back with right

S4: Rock back, ½ turn r, ½ turn r, jazz box with touch

1-2 Step back with left - weight back on RF
3-4 ½ turn right around and step back with left - ½ turn right around and step forward with right
5-6 Cross LF over right - step back with right
7-8 Step left with left - touch RF next to left

Repeat to the end