

My Only

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate NC2S
编舞者: Rex Chuan (USA) - August 2022
音乐: My Only - Zhou Shen (周深) : (Ending Theme Song from TV Drama RESET)



Tags: 1 - Restarts: 0

Start: After 14 counts, and start with count 7 of section 4.

S1: Side, Back, Recover, Turn & Sweep, Sailor Step, Cross, Cross, Swivel & Side Tap

12&3 (With RF hitched)slide RF R(1), rock LF backwards(2), recover(&), R half turn and step LF backwards(3) and sweep RF backwards
4&5 Cross RF behind LF(4), step LF L(&), step RF R(5)
678 Cross LF(6), cross RF(7) and swivel R half turn, tap LF L(8) (12:00)

S2: Sway L, Sweep Arm, Sway R, Backcross, Unwind & Sweep, Cross Recover, Back

123 Shift weight toward LF(1), sweep R arm left to largest extent(2), shift weight toward RF and drag LF in(3)
456 Cross LF behind RF(4), L half turn on LF(5), L half turn on LF(6) and sweep RF forward(6)
7&8 Cross RF(7), recover weight on LF(&), L quarter turn and step RF backwards(8) (9:00)

S3: Back, Recover, Side, Back, Recover, Back, Back, Recover, Forward, Forward, Forward, Together

12& Rock LF backwards(1), recover(2), R quarter turn and step LF L(&)
34& Rock RF backwards(3), recover(4), L half turn and step RF backwards(&)
56& Rock LF backwards(5), recover(6), R quarter turn and step LF forwards(&)
78& Step RF forwards(7), step LF forwards(8), step RF together(&) (9:00)

S4: Back, Cross, Side Forward, Cross, Side, Back, Sway, Side, Hitch

12& Step LF backwards(1) and sweep RF backwards, cross RF behind LF(2), step LF L(&)
34& Step RF forwards(3) and sweep LF forwards, cross LF(4), step RF R(&)
5678 Step LF backwards(5), L quarter turn and sway R(6), step LF L(7), hitch RF(8) (6:00)

Tag (4 counts) with modifications: At the end of wall 2, modify the count 6~8 of section 4 by shifting weight forward to RF(6), L half turn and step LF forward(7), L quarter turn and step RF R(8), and then add the 4-count tag by dragging LF together(1), hold 2, step LF L(3), hitch RF(4), then start new wall facing 6:00

Enjoy the dance!