Blessed Be The Night Of The Fullest Moon (花好月圓夜)



拍数: 80 墙数: 2 级数: Phrased Easy Intermediate

编舞者: Winston Yew (SG) - August 2022

音乐: "花好月圆夜 + 全部都是你 (組曲) (Medley Of Hua Hao Yue Yuan Ye + Quan Bu

Dou Shi Ni)" by 毛晓彤+Mike+ 魏巡+邢昭林 【Extracted From 2017 中秋之夜

(Mid-Autumn Night 2017)



Remarks: Phrased Dance, A - 32 counts, B - 48 Counts

Sequence: AAA, A- [8], A, A- [8], BBBB

Part A (1 Wall, 32 Counts) ~ Chinese Cultural Dance Segment

There are many other Chinese Cultural Dance hand movements that are very hard to explain in words and hence not documented in this dance script. Refer to the above tutorial and demonstration video links for better understanding of the dance & hand moves.

A§1 Side, Hold, Behind Rock, Recover, Side Hold, Behind Rock, Recover

A§2 1/4 Right Forward, Step, Pivot 3/4 Right, "Curtsey" with, Left Arm Extension

1-2-3-4 ½ turn Right stepping Right Forward, Step Left Forward, Pivot ¾ turn Right (end with weight on Right and Right leg crossed over Left), Hold 【12:00】

5-6-7-8 Dip down gradually on Right as you slide Left toes back further behind Right (like in a curtsy

position) as you slowly extend Left hand diagonally Left Up over 4 counts

A§3 Recover Up and Forward, Side Touch, Forward, Side Touch, Forward, Dip with Side Slide with Arms Extension

1-2-3-4 Recover up and step Left Forward, touch Right toes to Right, step Right Forward, touch Left toes to Left

5-6-7-6 Step Left Forward, dip down on Left gradually as you slide Right toes out to Right and extend

both arms gradually diagonally Left up (3 counts)

A§4 Modified Jazz Box x 2

1-2-3-4 Recover Up and cross Right over Left, step Left back, step Right to Right, step Left Forward

5-6-7-8 Cross Right over Left, step Left back, step Right to Right, step Left Forward

Part B (2 Wall, 48 Counts) ~ Disco Samba Segment

B§1 Dorothy, Dorothy, ¼ Right Diamond Fallaway

1-2& Step Right Diagonally Right Forward, lock step Left behind Right, step Right Diagonally Right

Forward

3-4& Step Left Diagonally Left Forward, lock step Right behind Left, step Left Diagonally Left

Forward

5&6 Cross Right over Left, step Left to Left, 1/8 turn Right stepping Right Back and hitching Left

knee [1:30]

7&8 Step Left Back, 1/8 turn Right stepping Right to Right, cross Left over Right [3:00]

B§2 Dorothy, Dorothy, ¼ Right Diamond Fallaway

1-2& Step Right Diagonally Right Forward, lock step Left behind Right, step Right Diagonally Right

Forward

3-4& Step Left Diagonally Left Forward, lock step Right behind Left, step Left Diagonally Left

Forward

5&6 Cross Right over Left, step Left to Left, 1/8 turn Right stepping Right Back and hitching Left

knee [4:30]

7&8 Step Left Back, ¼ turn Right stepping Right to Right, cross Left over Right [6:00]

B§3 Samba Whisk, Samba Whisk, Side with Roll Hip counter-clockwise, Diagonal Touch, Side with Roll Hips clockwise, Diagonal Touch

Step Right to Right, cross rock Left behind Right, recover weight onto Right
Step Left to Left, cross rock Right behind Left, recover weight onto Left

5-6 Step Right to right rolling hips counter-clockwise, touch Left toes diagonally Left forward

7-8 Step Left down roll hips clockwise, touch Right toes diagonally Right forward

B§4 Sailor Step, Sailor Step, Vaudeville, Vaudeville

1&2 Cross Right behind Left, step Left to Left, step Right to Right 3&4 Cross Left behind Right step Right to Right, step Left to Left

5&6& Cross Right over Left, step Left to Left, touch Right heel diagonally Right Forward, close step

Right beside Left

7&8& Cross Left over Right, step Right to Right, touch Left heel diagonally Left Forward, close step

Left beside Right

B§5 Right Travelling Voltas, ½ Left, ½ Left Turning Left Travelling Voltas

1a2a3a4 Form a "heart" using both hands in front of your heart when dancing these 4 counts: Cross

Right over Left, step Left to Left, cross Right over Left, step Left to Left, cross Right over Left,

step Left to Left, cross Right over Left

5a6a7a8 ½ turn Left stepping Left Forward, lock step Right behind Left, ¼ turn Left stepping Left

Forward, lock step Right behind Left, ¼ turn Left stepping Left Forward, lock step Right

behind Left, 1/8 turn Left stepping Left Forward [6:00]

B§6 Scissors Cross, Scissors Cross, Forward Mambo, Back Mambo

1&2	Step Right to Right, close step Left beside Right, cross Right over Left
3&4	Step Left to Left, close step Right beside Left, cross Left over Right
5&6	Rock Right Forward, recover weight onto Left, step Right Back
7&8	Rock Left Back, recover weight onto Right, step Left Fwd

Restart (☆☆)

On Wall 4 and Wall 6 (denoted by "A- 【8】"), dance till count 8 (that is count 8 of A§1) (☆☆), you will be facing 12:00, restart dance from beginning.