Struttin' Cats



拍数: 32 墙数: 4 级数: Beginner

编舞者: Susan Reynolds (USA) - May 2020

音乐: Stray Cat Strut - Stray Cats



Intro: When "OOO OOO's" start, begin 16 slow counts and start with singing

1/4 LEFT TURNING ROCKING CHAIR

1-4 As turn 1/8 L, Rock R forward, Step L in place, Rock R backward, Step L in place 5-8 As turn 1/8 L, Rock R forward, Step L in place, Rock R backward, Step L in place

HEEL STRUTS FORWARD 4X (Swing arms from side to side RLRL)

Step R heel forward, Drop toes down taking weight
Step L heel forward, Drop toes down taking weight
Step R heel forward, Drop toes down taking weight
Step L heel forward, Drop toes down taking weight

RESTART here on Wall 9 facing 12:00 (This comes after a long music only section)

The restart turns you to face 9:00 where you begin the dance again.

BACK LOCK STEP, KICK 2X

Step R back, Step L back crossed over R, Step R back, Kick L slightly forward
 Step L back, Step R back crossed over L, Step L back, Kick R slightly forward

1/2 TURN, STEP, JAZZ, SCUFF

1-2 Step R forward as turn ½ L (weight returns to L)

3-4 Step R forward, hold

5-8 Step L across R, Step R back, Step L back, Scuff R

The dance moves clockwise