

Hold My Hand

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Hold My Hand - Lady Gaga : (Top Gun: Maverick)



Start on vocal

[1-12] Full Diamond

1, 2, 3 1/8 turn step L forward (10:30), 1/8 turn step R to right side (9:00), 1/8 turn step L back (7:30)
4, 5, 6 Step R back, 1/8 turn step L to left side (6:00), 1/8 turn step R forward (4:30)
1, 2, 3 Step L forward, 1/8 turn step R to right side (3:00), 1/8 turn step L back (1:30)
4, 5, 6 Step R back, 1/8 turn step L to left side (12:00), 1/8 turn step R forward (10:30)

[13-18] Step, ¼ turn, Cross (x2)

1, 2, 3 1/8 turn step L forward (9:00), ¼ turn step R to right side (6:00), Cross L over R
4, 5, 6 ¼ turn step R back (3:00), ¼ turn step L to left side (12:00), Cross R over L

[19-24] Step, Sweep, Dip

1, 2, 3 ¼ turn step L forward (9:00), ¾ turn sweeping R (12:00) (count 2 & 3)
4, 5, 6 Keep R pointed to right side, dip down and back up (all together on count 4, 5, 6)

[25-30] Twinkle (x2)

1, 2, 3 ¼ turn cross R over L (3:00), step L beside R, step R beside L
4, 5, 6 Cross L over R, step R beside L, step L beside R

[31-36] Step Sweep (x2)

1, 2, 3 Step R forward, ¼ turn sweeping L to end up in front of R (6:00) (count 2 & 3)
4, 5, 6 Step L diagonally forward, sweep R to end up in front of L (count 2 & 3)

[37-42] ¼ Diamond Backwards

1, 2, 3 1/8 turn step R forward (4:30), 1/8 turn step L to left side (6:00), 1/8 turn step R back (7:30)
4, 5, 6 Step L back, 1/8 turn step R to right side (9:00), 1/8 turn step L forward (10:30)

[43-48] Side Ball Step, Side Drag

1, 2, 3 1/8 turn step R to right side (9:00), close L behind R while lifting R with the weight on L (count 2), transfer weight onto R
4, 5, 6 Step L to left side, drag R next to L, transfer weight onto R by closing R behind

START AGAIN

Tag 1 – 6 counts: at the end of the dance, on count 6, keep your weight on L instead of transferring it onto R

1, 2, 3 Slowly bow down bending your knees and keeping R touched behind L
4, 5, 6 Keep feet in the same place while slowly coming into an uprised position, transfer weight from L to R (on count 6) to start again

At the end of wall 2, 5, 7, 8

Tag 2 – 12 counts: at the end of the dance, on count 6, keep your weight on L ending up with R beside L

1-6 Step R diagonally forward, make a full turn over left shoulder keeping your feet in the same place, ending the turn with weight on L and R closed behind L
1, 2, 3 Slowly bow down bending your knees and keeping R touched behind L
4, 5, 6 Keep feet in the same place while slowly coming into an uprised position, transfer weight from L to R (on count 6) to start again

At the end of wall 3, 6

Enjoy ♥

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