

Lost Vegas

拍数: 32 墙数: 4 级数: Beginner
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音乐: Lost Vegas - Moonshine Bandits



Intro: 32 counts

[1-8] R Rock/sway forward-back x2, R close, L-R step forward, L shuffle forward

1-2 R rock forward and sway hips forward, change weight back onto L and sway hips back
3-4& R rock forward and sway hips forward, change weight back onto L and sway hips back, R
 step next to L
5-6 L step forward, R step forward
7&8 L step forward, R step next to L, L step forward

[9-16] R Pivot turn ¼ left, R cross shuffle, L back ¼ , R forward ½ , L shuffle forward

1-2 R step forward, turning 1/4 left change weight onto L
3&4 R step cross over L, L step to left side, R step cross over L
5-6 turning 1/4 right step L back, turning 1/2 right step R forward
7&8 L step forward, R step next to L, L step forward

[17-24] R heel strut, L heel strut, R pivot turn ¼ left x2

1-2 touch R toes forward, change weight onto R put heel down
3-4 touch L toes forward, change weight onto L put heel down
5-6 R step forward, turning 1/4 left change weight onto L (optionally with circle hips CCW)
7-8 R step forward, turning 1/4 left change weight onto L (optionally with circle hips CCW)

[25-32] R kick-ball-touch side, L kick-ball-touch side, R sway, L heel grind ¼ left, L stomp with clap

1&2 R kick forward, R step next to L, touch L to left side
3&4 L kick forward, L step next to R, touch R to right side
5-6 change weight onto R sway hips to right, change weight onto L and start L heel grind turning
 1/4 left
7-8 finishing heel grind step R back, L stomp next to R with weight on L and clap with hands