My Pony

拍数: 64	墙数: 4	级数: Advanced

编舞者: Hiroko Carlsson (AUS) - August 2022

音乐: My Pony - R3HAB : (Spotify/Apple Music/Deezer)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 8 count)

[S1] Box 1/4R-Cross-Side, Kick-Kick-Ball-Cross-1/4R-

1 2	Cross R over L, Make a ¼ turn right stepping back on L (3:00)
3 4&	Step R to the side, Cross L over R, Step R to the side
5 6& 2	kicks diagonally forward on L (5 6), Ball step L in place
7 8	Cross R over L, Make a ¼ turn right stepping back on L (6:00)-

[S2] -1/4L Side Shuffle, Behind, 1/4R, Step-Pivot 3/4R, Side, Behind-1/4L-

1&2 -	Make a ¼ turn right stepping R to the side (9:00), Step L close to R, Step R to the side
3 4	Step L behind R, Make a ¼ turn right stepping forward on R (12:00)
5 6	Step forward on L, Make a ¾ urn right recover weight on R (9:00)
7 8&	Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (6:00)-

[S3] -Step-Pivot 1/4L-Cross-Hold, Recover-Side-Hold, Recover-Walk-Walk

1 2 -	Step forward on R, Make a ¼ turn left recover weight on L (3:00)
3 4	Cross/rock R over L, Hold
&5 6	Replace weight on L, Step/rock R to the side, Hold
&7 8	Replace weight on L, Step forward on R, Step forward on L

[S4] Step-Pivot 1/2L-Full Turn, Reverse Side Roll into Side Rock w/ Hitch

1 2	Step forward on R, Make a ½ turn left recover weight on L (9:00)
3 4	Make a ½ turn left stepping back on R (3:00), Make a ½ turn left stepping forward on L (9:00)
5 6	Step R to the side making a ¼ turn left (3:00), Make a ½ turn left stepping forward on L (12:00)
7 8	Making a ¼ turn right step/rock R to the side (9:00), Replace weight on L/hitch R knee

See note below about BRIDGE here after 32 counts in Wall 2 and Wall 4

[S5] Side, Behind, 1/4R, 2x Step-Pivot 1/2R, Fwd

1 2 3	Step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (12:00)
4 5	Step forward on L, Make a ½ turn right recover weight on R (6:00)
6 7 8	Step forward on L, Make a ½ turn right recover weight on R (12:00), Step forward on L

[S6] Touch Front-Side-In-Front, Back-1/2L-Step-Pivot 1/4L

1 2 3 4	Touch R toe forward, Touch R toe to the right, Touch R toe next to L, Touch R toe forward
5 6	Step back on R, Make a ½ turn left stepping forward on L (6:00)
7 8	Step forward on R, Make a ¼ turn left recover weight on L (9:00)

[S7] Cross Rock-1/4R Shuffle Fwd, Fwd Rock-1/2L-Side Rock

1 2	Cross/rock R over L, Replace weight on L
4&5	Making a ¼ turn right shuffle forward on R-L-R (6:00)
5 6	Rock forward on L, Replace weight on R
7&8	Make a ½ turn left stepping forward on L (12:00), Rock R to the side, Replace weight on L

[S8] Cross-1/4R-1/4R-Side-Touch, Hold, Hold-Side Rock

1 2	Cross R over L, Make a ¼ turn right stepping back on L (3:00)
3 4	Make a ¼ turn right stepping forward on R (6:00), Make a ¼ turn right stepping L to the side (9:00)
5 6 7	Touch R next to L, Hold for 2 counts (6 7)
&8	Rock R to the side, Replace weight on L

BRIDGE: 8 counts Bridge on Wall 2 count 32 (6:00) and Wall 4 count 32 (12:00):
During Wall 2 and 4 dance up to and including count 32, add the following 8 counts facing 6 o'clock on Wall 2/ 12 o'clock on Wall 4, then continue the dance from Section 5.
– Point-Hold-1/4R, Point-Hold-1/4L, Point-Hold, 2x (Rock Behind-Recover)

1 2&	Point R to the side, Hold, Make a ¼ turn right stepping R close to L
3 4&	Point L to the side, Hold, Make a ¼ turn left stepping L close to R
5 6	Point R to the side, Hold
7&8&	Rock R behind L, Replace weight on R, Rock R behind L, Replace weight on R

Ending suggestion; The last wall starts facing 12:00. Dance up to 32 counts (9:00). Then,
Make a ¼ turn right stepping forward on R (12:00)

(updated: 4/Jul/22)